

FEATURES

24 JUST KEEP SWIMMING

Life isn't always fair. Sometimes unfortunate things happen. But that doesn't mean throwing our hands in the air and losing hope. We move forward with the support of friends, family and sisters.

34 WELCOME BACK SOUTH CAROLINA BETA

In November, Pi Beta Phi welcomed back the South Carolina Beta Chapter at Clemson University. Pi Phis from across North America joined the 159 South Carolina Beta collegians to celebrate the chapter's return.

40 YOU HAD ME AT HALO

When a chapter uses our core values as the foundation on which they recruit members, a focus is placed on conversation and creating a sincere connection with each woman who walks through the door.



ON THE COVER

Indiana Epsilon **KYE HAWKINS'** son, Max, was born with a condition causing his kidneys and bladder to function irregularly. Max requires daily dialysis treatments and is awaiting a kidney transplant, which the family calls his "Shiny New Kidney." Read more beginning on Page 24. *Photo courtesy of Jessica Limeberry.*

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THE ARROW® OF PI BETA PHI

Winter 2017 • Vol. 133 No. 2

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SUBMISSIONS

All Pi Phis are encouraged to submit news and stories to *The Arrow*. Articles may be sent by email to editor@pibetaphi.org or by mail to *The Arrow*, 1154 Town & Country Commons Dr., Town & Country, Missouri 63017. Visit www.pibetaphi.org/thearrow for submission and photography guidelines.

All photos and written submissions become the property of Pi Beta Phi, and are subject to editing for content, grammar and space constraints, and may be used for other educational or marketing purposes by the Fraternity. We cannot guarantee the publication of any submission. We receive so many and space is limited.

SUBMISSION DEADLINES

Fall — August 1 Spring — February 1 Winter — November 1 Summer — May 1

ADDRESS/NAME CHANGES

Please direct any address or name changes by email to editor@pibetaphi.org or by mail to *The Arrow*, 1154 Town & Country Commons Dr., Town & Country, Missouri 63017. You may also call Pi Beta Phi Headquarters at (636) 256-0680 or update your profile at www.pibetaphi.org/updatemyprofile.

HOW TO RECEIVE THE ARROW

To receive four hard copies of *The Arrow*, pay your \$35 annual alumna dues to your local alumnae club or directly to Headquarters. Visit www.pibetaphi.org/dues or mail a check to Pi Beta Phi Fraternity, 1154 Town & Country Commons Dr., Town & Country, Missouri 63017.





LINDSAY COMBS
Ohio Kappa
University of Cincinnati

An Anniversary Like No Other

There's something special about an anniversary, no matter the length. However, 150 years ... that's an accomplishment that holds more importance than most. It takes a special kind of organization to bring women together for 150 years. It may come as a surprise to some that an organization has the ability to last that long. For me, it's no surprise after being a member of this wonderful sisterhood. Pi Beta Phi has provided me with some of the most amazing relationships and opportunities a young woman could ask to have. This organization has allowed me to grow into a more confident and passionate woman. I strive to be the best I can because the sisters I am surrounded by are the greatest women I have ever encountered.

This is my second year as a member of the Ohio Kappa Chapter. I spent my first semester of my membership in awe of the women in my chapter. I was amazed by their grace and the confidence with which our Executive Council held themselves. I remember looking at those women and thinking if I was half as involved and confident as they were, I would be content. I quickly found myself falling more and more in love with Pi Phi.

This year, this anniversary, I am proud to be a member of Pi Beta Phi more than ever before. The joy and excitement surrounding this anniversary is unlike anything I have ever seen. Even in my chapter, Ohio Kappa, you can see how much this anniversary truly means. It means 150 years of successfully bringing amazing women together and creating confident leaders. It means 150 years of absolutely incredible philanthropic service. It means 150 years of building on a legacy that has impacted so many lives. From the outside, you may not be able to see anything except the numbers. When you are on the inside, you see the relationships, confidence and growth Pi Beta Phi brings to its members.

I hope we continue to build these leaders. I hope we continue to be the safe place for women in a new home. I hope we continue to grow and work as our best selves. I hope Pi Beta Phi continues to fight for children's literacy and bring smiles to the faces of those young children. I hope we continue to show how important it is to be a leader. While I say I hope these things occur, in my heart, I know we will continue to do these things. I know we will continue to create strong confident women leaders. I know these women will continue to be their best selves. I know our philanthropy will continue to thrive in a way that is unimaginable to most.

The future of Pi Beta Phi is bright. It is a future of leaders, sincerity and philanthropy. We are bringing women together that may not have met otherwise. We are instilling important leadership values in some of the brightest women in North America. Our future is one I cannot wait to witness.

The Arrono

Pi Phis Honored by Association of Fraternity/Sorority Advisors

n December, Pi Beta Phi staff, volunteers and campusbased professionals gathered at the Association of Fraternity/Sorority Advisors (AFA) Annual Meeting. The event provides educational experiences on relevant topics, trends and issues in fraternity and sorority life.

In honor of the Association's 40th anniversary, Ohio Beta BARBIE OLIVER TOOTLE was recognized as one of its founding members. She helped draft the Association's first constitution and bylaws and served as its first elected President from 1977 to 1978.

Also during the conference, Illinois Zeta ASHLEY DYE received the Sue Kraft Fussell Distinguished Service Award. The award recognizes individuals who have exhibited outstanding achievements in one or more of the following areas: service to AFA; programming and service which reaches beyond the recipient's campus or organization; development and research activities; and service to the college and fraternity/sorority communities.

"It's humbling to be recognized alongside many professionals I admire and hold in high regard," Ashley said. "I have been a member of AFA for more than 15 years, and the work the Association does is invaluable in promoting the fraternity

and sorority advising profession. My career as a fraternity and sorority professional, as well as my volunteer roles within AFA and Pi Beta Phi, have brought me much joy and fulfillment."

Lastly, Illinois Zeta ANNIE CARLSON WELCH was awarded with a Shelley Sutherland Outstanding Volunteer Award. The award is presented to volunteers in recognition of their outstanding contributions to the Association.

Below: From left, Illinois Zeta ANNIE CARLSON WELCH, Alabama Beta JESSIE ASHTON, Indiana Alpha HELEN LAHRMAN, Illinois Zeta ASHLEY DYE, New Mexico Alpha ALEX ROARK, Ontario Gamma ORIANA BERTUCCI, Illinois Eta ASHLEY HALLOWELL KARTH and Texas Beta ANA MANCEBO MILLER.



Nevada Alpha Chapter to Return to Campus Fall 2017

We are pleased to announce the return of the Nevada Alpha Chapter at the University of Nevada, Reno, in Fall 2017. The chapter was suspended in the spring of 2013 and since then, the Fraternity has been working closely with the University to determine the best time for the chapter's return. The reorganization of this chapter will be an exciting endeavor for the campus, our alumnae and Pi Beta Phi. The University of

Nevada, Reno, continues to grow and evolve as campus facilities are renovated, enrollment increases and the fraternity and sorority community expands. There are currently five other National Panhellenic Conference groups on campus, and we look forward to partnering with them to ensure a successful re-organization process. Look for more information about Nevada Alpha this spring.



UPCOMING PI PHI EVENTS

FOR MORE INFORMATION ABOUT UPCOMING PI PHI EVENTS, VISIT WWW.PIBETAPHI.ORG/EVENTS.

JANUARY 27-29, 2017 College Weekend Dallas, Texas

JUNE 23-27, 2017 Convention St. Louis, Missouri

JULY 28-30, 2017 **Directors Meeting** St. Louis, Missouri

JANUARY 26-28, 2018 College Weekend St. Louis, Missouri

SESSION ONE: JULY 12-15, 2018 SESSION TWO: JULY 16-19, 2018 Leadership Institute

St. Louis, Missouri

Celebrating 150 Years of Pi Beta Phi Music

The Fraternity is excited to announce the release of "Acapella Angels — The Music of Pi Beta Phi." Collegians and alumnae were selected to sing and re-record 20 favorite Pi Phi songs. The 12 collegiate singers



were selected through a social media contest, where they submitted videos of themselves singing "Ring, Ching, Ching" and "One, Two, Three Words." The selection committee was impressed by the interest in the contest, and enjoyed hearing angelic collegiate voices from across North America. The alumnae singers included talented Fraternity Officers and Headquarters Staff members.

The album includes everything from recruitment favorites like "Boom Boom" and "Take a Little Golden Arrow," dinner songs such as "Pi Phi Grace," "Ring, Ching, Ching," and "Cookie Shine Song," as well as heritage songs "Legacy Song" and "My Pi Phi Girl." Whether you're looking to freshen up your tunes for recruitment, bring excitement to your club meeting or reminisce on your drive to work, you'll love listening (and singing!) to these Pi Beta Phi songs. Members can purchase an Acapella Angels CD from Pi Phi Express, download the songs from the Pi Beta Phi Resource Library or even find them on iTunes and Spotify!

A special thank you to Grand Vice President Programming MARLA NEELLY WULF, Kansas Beta; Music Chairman JANE BONY HEISERMAN, California Delta; Assistant Director of Chapter Services ASHLEY HALLOWELL KARTH, Illinois Eta; and all the talented voices for making this album a reality.

INTERNATIONAL BADGE DAY IS MARCH 6, 2017

Each year, thousands of women celebrate their sorority membership on National Panhellenic Conference's International Badge Day. On Monday, March 6, 2017, wear your arrow badge or letters to let everyone know you're proud to be a sorority woman and a Pi Beta Phi. Don't forget to share your sorority story — no matter how ordinary or extraordinary — via #IWearABadge on social media throughout the day.

CORRECTION

In the Fall 2016 *Arrow*, Music Chairman **JANE BONY HEISERMAN**, California Delta, was mistakenly left off the 2016-2017 Directory. *The Arrow* apologizes for the error and regrets any confusion it may have caused.

PI PHI PAGES SCHEDULE ANNOUNCED

Pi Phi Pages is Pi Beta Phi's own virtual book club. The Pi Phi Pages reading list for 2017 includes titles suggested by fellow Pi Phi readers from around the world. You can sign up to join Pi Phi Pages and view the 2017 list at www.pibetaphi.org/piphipages. You will also find discussion guides and past Pi Phi Pages book lists on the website. This year, discussions will be posted on a quarterly, rather than monthly basis. Discussions will also include an optional film component.

DOES YOUR CHAPTER HAVE 150TH PRIDE?

The Fraternity Housing Corporation (FHC) cannot wait to celebrate Pi Phi's 150th anniversary, and we want you to join the party. We are hosting a 150th decorating contest around how your chapter is celebrating our 150th! Paint a banner, decorate your yard or pomp a sign and take a picture on campus or in front of your facility and email it to FHC Housing Coordinator MEGAN FAHRMEIER, Mississippi Beta, at mfahrmeier@pibetaphi.org for your chapter's chance to win a Pi Phi 150th Birthday Party. Submissions are due March 1, 2017. For more details, talk to your chapter's Executive Council.

2017-2019 SLATE OF OFFICERS

In March, Pi Phi's Leadership and Nominating Committee (LNC) will post the 2017-2019 Slate of Officers, which includes Grand Council and Directors. It can be found at www.pibetaphi.org/convention. There will be a news story on the Pi Beta Phi homepage to help you navigate the slate section. In this section you can also learn more about the election process, including information for challengers and timelines.

Advancing Sorority Together

eaders of the National Panhellenic Conference (NPC) gathered October 20-23, 2016, for the 2016 Annual Meeting. NPC Delegates, staff, Inter/national Presidents and Executive Directors assembled at the Renaissance St. Louis Airport Hotel. NPC is the premier advocacy and support organization for the advancement of the sorority experience.

For the first time, in an effort to build relationships among the executive leadership, the Delegates, Inter/ national Presidents and Executive Directors attended an off-site event on Thursday evening. The group visited the Missouri History Museum to tour a Route 66 exhibit and have dinner. Ginny Carroll, Alpha Xi Delta, guided lively conversation on NPC memories.

Friday began with the executive leadership gathering for a facilitated conversation, including breakouts into their specific designations. Lunch offered a learning opportunity on the Circle of Sisterhood Foundation and further networking. The afternoon included training for new area advisors and those who serve on the Alumnae Panhellenics and College Panhellenics committees.

That evening, attendees gathered to discuss the proposed legislation, hear an update from the Government Relations Committee and learn how the Inter/national Presidents of the organizations represented at Harvard University are responding to Harvard's ban on campus participation for members of single-sex organizations.

Friday continued with the opening business meeting and a State of NPC presentation by NPC Chairman Donna King, Sigma Kappa. "Thank you to each of you for working together to ensure the achievements of the past year send a strong message to our publics that the sorority experience is alive, well and growing," Donna said.

Early morning committee meetings kicked off Saturday, followed by campus meetings where member organizations met to discuss specific concerns identified on certain campuses. The closing business meeting included additional proposed legislation and special presentations from member organizations.

The Annual Meeting concluded with a town hall gathering Saturday night, including a moderated panel discussion on the evolution of gender identity. The conversation



Above: From back left, NPC Third Alternate Delegate JENN PLAGMAN-GALVIN. Iowa Gamma: NPC Foundation Board of Trustees Member ANN WARMACK BROOKSHIRE. Texas Beta: RFM Recruitment Officer CAROL INGE WARREN. North Carolina Beta; NPC First Alternate Delegate ORIANA BERTUCCI, Ontario Gamma; and NPC Second Alternate Delegate CATHERINE ROOSEVELT, Michigan Beta. From front left, Executive Director JULI HOLMES WILLEMAN, Iowa Beta; Grand President PAULA PACE SHEPHERD, Texas Epsilon; and NPC Delegate ANA MANCEBO MILLER, Texas Beta.

presented an educational opportunity to listen and learn about a topic that intersects with the unique position NPC organizations have as all-women's groups.

On Sunday, NPC hosted a special educational summit for communications decision-makers. Attendees learned about internal communications, brand ambassadorship, how to talk to the media and how to leverage social media. Participants wrapped up the day by breaking into small groups to apply the concepts to case studies. ←

Kentucky Alpha



he Kentucky Alpha Chapter at the University of Louisville has called its suite home since 2006. The suite consists of one large meeting space, a TV room, a kitchen, two bathrooms and a small office space. There is seating throughout the suite for members to hang out, study or relax. There is even a computer and printer for all members to use.

Kentucky Alpha's suite is located on the bottom floor of a residence hall on campus. Many members live in that same residence hall or halls nearby. The women think of the suite as





a shared space belonging to everyone. They love being able to use the space to study, spend time with their sisters and rest between classes. They're also able to hold chapter meetings in the suite, as it is large enough to fit all of Kentucky Alpha's members.

Kentucky Alpha MEGAN RIDDLE said her favorite part about the suite is "our Pi Phi core values on display as part of the wallpaper surrounding the main room. It serves as a constant reminder of what we are striving to be each and every day." ←

SHARE YOUR CHAPTER FACILITY **RENOVATIONS AND UPDATES WITH** THE ARROW! EMAIL STORIES AND HIGH-RESOLUTION PHOTOS OF YOUR **CHAPTER'S TRANSFORMED SPACES** TO FHC@PIBETAPHI.ORG.



Every Child Deserves the Right to Smile

By: California Delta CONSTANCE DILLON GIBBS

elaware Alpha JENNIFER MENDEZ is a firm believer that the best way to find yourself is to lose yourself in the service of others, as taught by the spiritual and political leader Mahatma Gandhi. Jennifer experienced the power of selfless service during a two-week trip to Monterrey, Mexico, as part of an Operation Smile® volunteer medical team.

Operation Smile provides free surgeries for children in developing countries who are born with a cleft lip, cleft palate or other facial deformities. A cleft is a gap in the mouth that didn't close during the early stages of pregnancy and can occur on the upper lip or on the roof of the mouth.

Surgery to repair a cleft usually takes place in the first few months of life and may improve the appearance of a child's face as well as his or her breathing, hearing, speech and language development. However, early surgery is not an option for many families in developing countries due to a lack of financial resources and qualified medical staff. Operation Smile exists to provide these families with access to surgical care so they can live happy, healthy lives.

Jennifer's volunteer medical team visited several different neighborhoods in Monterrey throughout their mission. In each neighborhood, the team set up a mobile clinic to prescreen and then treat patients. Hundreds of families would line up each day and wait several hours to be seen by the medical staff. Jennifer's role as a student volunteer was to visit with the families waiting in line and teach them basic health and dental hygiene practices.

"I taught families skills like how toothpaste isn't required to brush their teeth, and that it's okay for them to brush with just water," Jennifer said. She carried instructional posters with her that covered teeth brushing, nutrition, burn care and more. She presented the information

Right: Delaware Alpha JENNIFER MENDEZ taught children and families about teeth brushing, nutrition, burn care and more during an Operation Smile medical mission trip to Monterrey, Mexico.

whenever possible. She also carried a bag full of coloring books, pipe cleaners, toys and bubbles — items donated by friends and family in the months leading up to her trip — and handed them out with toothbrushes. "When I pulled a toy out of my bag, the children would come running," she said. "They especially loved the bubbles."

Thanks to her friendly nature and fluency in Spanish, Jennifer helped put parents and children at ease. What she didn't realize was what a positive impact she was making on the families until she met 14-year-old Isabel. She initially started talking with the girl because she seemed shy and a bit nervous. Isabel quickly explained she was excited for her surgery so she would look beautiful for her quinceañera, the large celebration for her 15th birthday.

Isabel asked if Jennifer would keep her company in the operating room and be at her bedside when she woke up from the anesthesia. "I felt an instant connection with Isabel as soon as we met, so I said yes," Jennifer said. The surgery took two hours. Afterward, Isabel's mom was so thankful for Jennifer's help she took off a beaded bracelet she wore and placed it on Jennifer's wrist. "She told me the bracelet was so I would always remember everything I had done for them." she said.

Back home on the University of Delaware campus, Jennifer keeps Isabel and others like her at the forefront of her efforts. She helps lead an Operation Smile student club to raise awareness for the organization and fundraise for future medical missions.

"I think every child deserves the right to smile," Jennifer said. "We take it as a simple act, but we don't realize how many children around the world don't get to experience this simple act. My goal is to keep working until every child is healed."



CALIFORNIA

California Kappa, University of California, San Diego Members of California Kappa helped start a new student group supporting health and body image in women called CHAARG (Changing Health, Attitudes and Actions to Recreate Girls). Members partner with local fitness studios to lead workouts from boxing to barre classes to salsa dancing. They also plan events relating to overall wellness like cooking, nutrition workshops, motivational speeches and self-defense education.

California Lambda, University of California, Riverside Several members of the California Lambda Chapter have run for office as part of the Associated Students of University of California, Riverside (ASUCR), which is the University's student government. The chapter is able to share its Pi Phi sisterhood and core values with other students because these sisters are involved in the larger campus community. ASUCR represents the entire undergraduate population, which is more than 18,000 students.

California Omicron, Chapman University

This year, the California Omicron Chapter promoted primary recruitment through a social media campaign. The chapter showcased different sisters and what those women love most about being a Pi Phi. Women shared quotes about what Pi Phi's core values mean to them or how they've

grown personally because of their Pi Phi membership. The campaign was executed by the Vice President of Communications and her External Relations Committee and has been an excellent way for the Chapman University student body to better understand the great work the chapter is doing on campus and in the community.

COLORADO

Colorado Delta, Colorado School of Mines

This year, Colorado Delta KEATON LOONEY served as Panhellenic Council President with three other Pi Phis by her side in Panhellenic leadership roles. These women set goals to reach the community at large through various service activities. They also helped lead Panhellenic organizations to create stronger relationships within the all-Greek Council and with other organizations on campus. Through their Panhellenic experience, these women learned to lead in their own way and create and enjoy a unique college experience.

FLORIDA

Florida Alpha, Stetson University

The Florida Alpha Chapter hosts the Champions are Readers® (CAR) program at a local elementary school. The CAR program gives the women the opportunity to engage with

DISTRICT OF COLUMBIA

D.C. Alpha, The George Washington University One organization the sisters of D.C. Alpha are passionate about is GW Dance Marathon, the Miracle Network Dance Marathon at The George Washington University. GW Dance Marathon is the largest and fastest-growing organization on campus. In its four years on campus, the organization has donated more than \$200,000 to Children's National Medical Center, the local Children's Miracle Network Hospital.

Through their support, the sisters of D.C. Alpha help make miracles happen for all the patients and families treated at Children's National. Every year, the D.C. Alpha Chapter creates a GW Dance Marathon team, and that team is always the largest group across the entire campus. Team members make announcements at chapter meeting every week, particularly leading up to the organization's annual 12-hour dance-a-thon. Their passion inspires other sisters to sign up and take part in the dance event.

These sisters work hard for months to raise money and surpass the amount donated in previous years. The joy



Above: From left, D.C. Alphas SHERRI AFSHANI, SHANNON TOOLE, CAMERON APPEL and JILL HAMMELBACHER.

on their faces once the dance-a-thon arrives shows how excited and proud the women are to be working for a cause benefitting children in need. One of Pi Beta Phi's core values is Philanthropic Service to Others, and these D.C. Alpha Chapter members truly exemplify that value. ←

COLLEGIATE NEWS

early readers. The Pi Phis read to students, help them improve their reading skills and, most importantly, serve as role models. The women are sometimes accompanied by the brothers of Delta Sigma Phi when working with the students. The women are especially excited to see their service positively impacting the lives of so many children.

Other members learned about their strengths and unique leadership skills this summer at Pi Beta Phi Leadership Institute. The women said these leadership opportunities have been the most rewarding part of their membership in Pi Beta Phi because they taught them to believe in themselves and their abilities.

GEORGIA

Georgia Beta, Emory University

When joining Pi Phi, the charter members of Georgia Beta realized they would need to embody leadership within their Executive Council, chapter committees, as individuals and on campus in order to build a strong chapter. Some members developed leadership skills by serving on the chapter's first-ever Executive Council.



IDAHO

Idaho Alpha, University of Idaho

Members of Idaho Alpha go the extra mile to lead the way on campus, within the chapter and in their day-to-day lives. Idaho Alpha BAILEY STORMS is an inspiration and role model for Idaho Alpha sisters of all ages. Bailey serves on the chapter's Executive Council and as Development Chairman for the Student Alumni Relations Board in addition to keeping up with her academic workload. She also holds workshops for her Pi Phi sisters to assist with their personal development. Her workshops cover topics like managing stress, time management, handling homesickness and more.

ILLINOIS

Illinois Theta, Bradley University

The Illinois Theta Chapter is committed to serving others in the community surrounding Bradley University. Each semester, the chapter partners with a different elementary

Left: Florida Alpha **NATALIA MOJICA** (right) with the brothers of Delta Sigma Phi at the chapter's Champions are Readers program.

Below: From left, Georgia Betas LAUREN PETRELLA, JEAN MEIER, MEHVISH KHAN, RUWENNE MOODLEY, MANSI MAINI, LAUREN LYM, KIRAN SAPATNEKAR, JENNIFER GUTIERREZ, BRITTANY GUH and LAUREN BALOTIN.



school to host the CAR program. The women work with a different grade each semester, visiting classrooms once or twice a week. At the end of the semester, the women assemble goodie bags with candy, a pencil and a bookmark for the students. The chapter loves hosting the program because they can help children learn new words and meanings and also enhance their imaginations.

INDIANA

Indiana Epsilon, DePauw University

Members of Indiana Epsilon lead the way by being involved in many student organizations at DePauw University. In honor of its leadership, the chapter received the Fraternity & Sorority Community Initiative Award from the Campus Living & Community Development Office. One way the chapter motivates its members to be leaders on campus is by facilitating *Leading with Values*® seminars at chapter meetings. The seminars are inspirational, motivational and inspire members of all ages to live out Pi Phi's core values daily.

Indiana Gamma, Butler University

The Indiana Gamma Chapter partnered with the Indianapolis Alumnae Club to celebrate Pi Beta Phi's upcoming 150th anniversary. The Pi Phis welcomed the Ring Ching Roadshow to town and showed off some iconic Indy sites, including a stop at the Indianapolis Motor Speedway. The celebration concluded with a reception at the Indiana Gamma Chapter house. The house was decorated with 150th decorations, including a brand-new 150th banner for the exterior of the facility.

MASSACHUSETTS

Massachusetts Gamma, Massachusetts Institute of Technology The women of Massachusetts Gamma use their leadership skills to benefit their chapter and the Massachusetts Institute of Technology (MIT) community. The women take on many leadership roles in campus organizations. One organization is the MedLinks program, which works with MIT Medical to support the health and well-being of students on campus. Another organization is the MIT Career Fair, the largest recruiting event on campus open to companies and students of all disciplines and degree programs. These members are good role models and are also helping improve the MIT community as a whole.

MISSOURI

Missouri Gamma, Drury University

Members of Missouri Gamma get involved on Drury University's campus by joining student organizations, competing on athletic teams, holding leadership positions



Above: Iowa Gamma MARA MAPES (left) and Iowa State University Sparkle team members.

IOWA

Iowa Gamma, Iowa State University

Iowa Gamma MARA MAPES has gone above and beyond as a leader at Iowa State University (ISU). She started a cheerleading squad sponsored by The Sparkle Effect, Inc.®, a nonprofit that helps students nationwide create school-based cheerleading and dance teams that bring together students with and without disabilities. Thanks to Mara's efforts, ISU is the fourth college in the U.S. to start a Sparkle team. The squad has 25 members, half of which are students and half of which are community members with physical or mental disabilities.

During Mara's junior year of high school, she heard about The Sparkle Effect and started a team at her school. As a freshman at ISU, she is a member of the cheerleading team and soon realized one of her teammates was on the very first Sparkle team in Bettendorf, Iowa. After talking about their experiences, the women decided to start a Sparkle student organization at Iowa State.

The ISU Sparkle cheer squad performs at sporting events, such as women's basketball and gymnastics. They have also performed at homecoming events, pep rallies and for other campus organizations. Many Iowa Gammas have gotten involved with Sparkle because of Mara's passion. This spring, the chapter and the Sparkle team held a sisterhood event together and spent an afternoon learning Iowa State cheers and chants. ←

and supporting other fraternity and sorority philanthropy events. Recently, the chapter won the intramural soccer championship. Though not every chapter member played on the team, the entire chapter supported the players and were excited to celebrate this accomplishment.

MISSISSIPPI

Mississippi Gamma, Mississippi State University
The Mississippi Gamma Chapter celebrates outstanding members during its weekly chapter meeting. Each week, one member is chosen who went above and beyond for the chapter. That woman is named the "Red Hot Pi Phi" for the week and gets to park in a special, reserved parking spot. Past recognition was given to the Banner Chair for





making sure all of the chapter's banners were completed. The chapter also celebrates women who were accepted into nursing school and graduate programs or women who achieved an academic milestone.

оню

Ohio Kappa, University of Cincinnati

This year, Ohio Kappa's Executive Council successfully utilized their committee chairs, which built the leadership qualities of the committee chairmen and the overall productivity of the chapter. Executive Council members were also trained to practice Servant Leadership in their position-specific responsibilities. This practice set an example to the entire chapter of the qualities and characteristics an effective leader possesses. In addition, the practice encouraged chapter members to apply for future leadership roles and ensured these leadership qualities were passed down to the chapter's New Member class.

TENNESSEE

Tennessee Gamma, University of Tennessee
Homecoming at the University of Tennessee is a great
time for Tennessee Gamma collegians and alumnae to
reconnect with old friends and meet new sisters. This year,
one of the chapter's charter members, Tennessee Gamma
KATHERINE WEEKS LEE, stopped by the chapter house after
the homecoming football game. Several Tennessee Gamma
Chapter members were thrilled to give Katherine a tour
of the chapter house and spend time visiting and learning
about Katherine's favorite Pi Phi memories.

WASHINGTON

Washington Gamma, University of Puget Sound
Washington Gamma received several awards at this year's
campus-wide University Leadership Awards. Washington
Gammas RACHEL ASKEW and ANNA CREAN received
individual awards for leadership. The chapter was named a
2015-2016 Chapter of Excellence and received the Diversity
Programming Award in honor of its program, "Working
Group." The program consists of weekly gatherings
dedicated to conversation around social justice issues.
The goal of the group is to provide a safe and comfortable
space for women to ask questions, educate themselves and
reflect on experiences related to these topics.

Top left: From left, Tennessee Gammas MORGAN CORUM, KATHERINE WEEKS LEE and SARAH POWLEY.

Bottom left: From left, Washington Gammas ANNA CREAN, RACHEL ASKEW and KATIE VOLD.

Pi Phi Wins Olympic Gold at Rio Games

By: California Delta CONSTANCE DILLON GIBBS

his summer, California Gamma KALEIGH GILCHRIST won Olympic Gold at the Rio de Janeiro Games as part of the U.S. Women's Water Polo Team. The team became the first women's team to win back-to-back gold medals. They also are the only team to medal in every Olympics that has offered women's water polo since the event first appeared in 2000.

Water polo consists of two teams, each with six players and one goalkeeper. It requires tremendous strength and skill. Players are constantly swimming or treading water, all while throwing and catching a ball with one hand. Teams from eight nations competed in the Olympic tournament over 10 days.

For Kaleigh, being in the water feels like second nature. She grew up in Newport Beach, California, just miles from the ocean and started surfing and swimming at a young age. Kaleigh decided to start playing water polo when she was in elementary school. The sport is popular in Southern California, and her parents were supportive, including her two-time Olympic swimmer father.

By the time she was in high school, Kaleigh was balancing two sports she loved dearly: water polo and surfing. She was recruited to play water polo at the University of Southern California (USC), and at the same time had just won the most prestigious U.S. amateur surfing title — for the second year in a row.

Though she considered going on tour for surfing, Kaleigh made the decision to commit to water polo. Life at USC consisted of a rigorous class load and grueling water polo practices, sometimes twice a day, with a surf session fit in whenever possible. The hard work paid off. In 2013, Kaleigh captained the USC team to the NCAA championship title. Shortly thereafter, she was invited to join the national water polo team.

Kaleigh and her national teammates trained for nearly two years for the Rio Games. Workouts included running, strength training and time in the pool as well as team meetings to watch video footage and analyze plays. The team also spent time outside of practices to bond on a personal level. By the time Rio rolled around, the women were ready for competition.



Above: Members of the U.S. women's water polo team with coach Adam Krikorian during the gold medal ceremony at the 2016 Summer Olympics. California Gamma KALEIGH **GILCHRIST** is pictured in the back row, sixth from left.

They defeated Brazil in the quarterfinals and Hungary in the semifinals. Then came the gold medal match against Italy. With three minutes left in the match, the U.S. team was ahead by several goals. "We knew we were going to win, and we all kept wishing time would hurry up," Kaleigh said. "As soon as the game ended, everyone jumped into the pool and gave hugs all around."

One of the most memorable moments of the Rio Games took place during the women's water polo medal ceremony. After the U.S. team received their gold medals, the women hung their medals one-by-one around the neck of Coach Adam Krikorian. Adam's brother passed away unexpectedly just days before the beginning of the Olympic tournament. "We wanted to show Adam how much he meant to us as a team and how much we respected him as a coach," Kaleigh said.

After returning home to the U.S., Kaleigh enjoyed sharing her medal with family and friends. In September, she traveled to the White House and met President Barack Obama and First Lady Michelle Obama as part of a celebration for Team USA.

With Olympic Gold in hand, Kaleigh plans to finally pursue her surfing career full-time. And if things work out the way she hopes, she plans to compete in the 2020 Olympics as part of the USA Surfing Team. It seems to be fate that surfing was approved by the International Olympic Committee just this past summer, meaning it will appear for the very first time at the Tokyo Games. "I have a team to help me along this journey," Kaleigh said. "I'm nervous, but I'm not putting any pressure on myself." ←

→ ALUMNAE NEWS

ALBERTA

Edmonton, Alberta, Alumnae Club

The Edmonton, Alberta, Alumnae Club celebrated the 85th anniversary of the Alberta Alpha Chapter at the University of Alberta. The club helped host a weekend of events, including a collegiate and alumnae tea, campus tours, a formal banquet and a brunch. Many Alberta Alpha alumnae traveled to the event to reconnect with old friends and share in the bonds of sisterhood. The women were joined by Grand President PAULA PACE SHEPHERD, Texas Epsilon, and members of the Calgary, Alberta, Alumnae Club.

Below: Edmonton, Alberta, Alumnae Club and Calgary, Alberta, Alumnae Club members, From left, Alberta Alphas CARLA OBERG YORKE, CAROLYN CAWSEY PINSENT and ANITA **DUARTE-PEDROSA CURLE**, Grand President **PAULA PACE** SHEPHERD, Texas Epsilon, and Alberta Alphas CANDACE TURNER DRESSLER and CAROL RICHARDSON BRUINEMAN.





Above: Arizona Beta Reunion, From left, Arizona Betas JUDY SCOTT COWGER, CYNTHIA RONEY HARMON, KIM LOWELL WEED. MEGAN WHALEY WITT, MARYANN DAWSON ROSE, LANE OLIVER BREITENWISCHER, ALISON DICKERSON FOURNIER, PAM CANTERBURY LANNAN, MARIA MARTINEZ SCOTT and KELLI KENNEY HAMMON.

ARIZONA

Members of Arizona Beta Reunion

Arizona Betas from the pledge class of 1981 recently reunited for a weekend of fun and friendship. Ten women gathered at the ranch home of Arizona Beta PAM CANTERBURY LANNAN in Pinetop, Arizona. The women enjoyed celebrating their 35 years of Pi Phi sisterhood.

Arrowhead-West Phoenix, Arizona, Alumnae Club The Arrowhead-West Phoenix, Arizona, Alumnae Club installed a Little Free Library in a neighborhood park. The library is filled with books for children and adults and special Pi Phi bookmarks. Its exterior is even painted wine and silver blue. The club also provided a wine and silver blue bench for readers to rest on while choosing their books.

CALIFORNIA

Pi Phi Chance Encounter

"I've always known one of the many benefits of Pi Phi membership is the network of sisters that grows with you," said California Kappa JENNIFER PROTSMAN. "What I didn't know is that I would work in the heart of Silicon Valley at a technology startup, Thumbtack, alongside three sisters. We formed an instant bond because of Pi Phi, and that bond provides us with a built-in support system in a fast-paced environment. We lean on each other and consult one another during stressful or hard-to-navigate situations as well as celebrate wins — all for a common mission. It's amazing how a great company culture like the one here at Thumbtack can attract so many like-minded people, especially other Pi Phi sisters." ←



Above: From left, California Kappa JENNIFER PROTSMAN, Arizona Alpha KAITLYN HENSLEY, California Iota MARIDETH POST and New Jersey Alpha WHITNEY DAY STEELE.

CALIFORNIA

Members of California Gamma Reunion

In November, California Gammas gathered to celebrate 30 years since their graduation from the University of Southern California (USC). The group included 25 women who traveled from across the country to attend the reunion. The Pi Phis enjoyed catching up with one another and dressing in their best cardinal and gold to watch the USC homecoming football game.

CONNECTICUT

Manchester Area, Connecticut, Alumnae Club The Manchester Area, Connecticut, Alumnae Club held a potluck event to welcome the Ring Ching Roadshow to town. At the event, members shared a meal, collected school supplies for a new local teacher, enjoyed a Cookie Shine and heard updates about the Fraternity's 150th anniversary celebration.

Southern Fairfield County, Connecticut, Alumnae Club Connecticut Alpha KAITLIN LATHAM accepted the Mayor's Challenge Award for the City of Norwalk, Connecticut, from U.S. Secretary of Transportation Anthony Foxx. The award recognized cities across the country that have shown the most progress in improving bicycle and pedestrian safety. Kaitlin works as the City's Health Education Associate and helped with new safety programs in the area.

FLORIDA

Brevard County, Florida, Alumnae Club Diamond Arrow and longtime Pi Phi volunteer GENA CARLISLE EASLEY, Illinois Epsilon, recently welcomed her daughter into Pi Phi sisterhood through the alumna initiate program. Gena's daughter, CAY GASQUE, was initiated into the Florida Epsilon Chapter at the University of Central Florida. The Brevard County, Florida, Alumnae Club is thrilled mother and daughter can now experience Pi Phi together. The two women plan to attend the 2017 Convention in St. Louis together later this year.

INDIANA

Indianapolis Alumnae Club

In September, the Indianapolis Alumnae Club hosted the Champions are Readers program for the 12th year. The women read with second graders at Greenbriar Elementary School over four weeks, visiting a total of six classrooms. Club members with previous teaching or tutoring experience were paired with struggling readers and the one-on-one reading help benefited those children. The program culminated with a party and book fair where each student selected four books to take home.



Above: Pensacola, Florida, Alumnae Club members.

FLORIDA

Pensacola, Florida, Alumnae Club

The Pensacola, Florida, Alumnae Club held its annual kickoff meeting and potluck in October at the home of Florida Beta SALLY KENNEDY TURNER, lovingly called "Turner's Camp." The women honored Sally as the club's nominee for the 2016 Evelyn Peters Kyle Angel Award for Club Service.

The club also kicked off its Pocket Founders project in honor of Pi Beta Phi's 150th anniversary. Club members will take photos of their 12 Pocket Founders in various places around the country and then send the paper cutouts on to other alumnae to do the same. The project will continue until the spring so the photos can be compiled and presented at the club's Founders' Day celebration in April.

Other alumnae clubs seeking to participate in the Pocket Founders project can download and print their own paper cutouts at www.pibetaphi.org/150. The Pocket Founders is No. 94 on the "150 Ways to Celebrate Pi Beta Phi's 150th" list available on the website. Clubs are also encouraged to share pictures of their Pocket Founders on social media using #PiPhi150. ←



Above: Greater Kansas City, Kansas, Alumnae Club members. From left, Nebraska Betas JANICE SHRADER FALK and NAN MOSSMAN MCCONNELL, Kansas Alpha CAROL CLINE KNOTT and South Dakota Alpha JOYCE MCFARLAND HOWES.



Greater Kansas City, Kansas, Alumnae Club
In October, the Greater Kansas City, Kansas, Alumnae Club
hosted a "Ghouls, Goblins and Golden Girls" luncheon.
The event took place at the home of Nebraska Beta NAN
MOSSMAN MCCONNELL. The event was part of the club's
"Golden Girls" interest group for members who are 50-year
Golden Arrow members and beyond.

MASSACHUSETTS

Bostonian, Massachusetts, Alumnae Club
In October, the Bostonian, Massachusetts, Alumnae
Club welcomed the Ring Ching Roadshow to the greater
Boston area with several events including dinner at a
local Italian restaurant and an ice cream social with the
Massachusetts Gamma Chapter at the Massachusetts
Institute of Technology. The club also held its annual
apple-picking event during the visit at Bolton Spring
Farm, providing a true taste of autumn in New England.

Below: Jackson Metro, Mississippi, Alumnae Club members.





Above: Bostonian, Massachusetts, Alumnae Club members. From back left, Michigan Beta **DEBBIE DEFRANCES HANNIGAN**, Connecticut Beta **ALLISON UCCI** and special guest California Eta **DAPHNEY BITANGA**. From front left, Maine Alpha **MELISSA ST. PETER**, New York Alpha **DEBRA BENNETT**, Massachusetts Gamma **MELISSA CROWELL HANSEL**, Massachusetts Beta **CHERYLANN CHASE TAYLOR**, Virginia Theta **LEIGH DANNHAUSER** and Michigan Alpha **NANCY KWANT**.

MINNESOTA

Minneapolis Alumnae Club

In September, the Minneapolis Alumnae Club delivered nearly 200 books to a local classroom. While delivering the books, Club President JILL INGVALSON FISCHER, Minnesota Alpha, and Club Philanthropy Chair MICHELLE LAFORGE WIESER, Missouri Alpha, read a few books to the excited and appreciative children. The books were collected during the club's Readathon book drive, which took place earlier this year.

MISSISSIPPI

Jackson Metro, Mississippi, Alumnae Club
In celebration of Read > Lead > Achieve Month, the
Jackson Metro, Mississippi, Alumnae Club hosted a literacy
dinner at the Mississippi Children's Museum for at-risk
students and their families. The dinner was part of the
museum's "Planting the Seeds to Read" program and was
an opportunity for families to come together for dinner,
fun, reading activities and valuable instruction for parents
on how to work with their children to improve literacy.

MISSOURI

St. Louis Alumnae Club

In October, the St. Louis Alumnae Club took a haunted history tour of an area near the St. Louis Gateway Arch Grounds, which is the oldest part of the city. Members met beforehand for dinner. During the tour, they heard about the strange and spooky stories from different times in history. The evening was the perfect way for the Pi Phis to get in the Halloween spirit and also learn about the notable people and events from their great city.

NEVADA

Las Vegas Alumnae Club

The Las Vegas Alumnae Club kicked off their club year with an evening of real-life how-to's. Insurance agent ROSALIE GONZALEZ, California Kappa, spoke about buying, purchasing and changing insurance. Founder of a nonprofit golf tournament MOLLIE SCOTT STEWART, North Dakota Alpha, spoke about starting her own foundation and how it has grown over the years. Photographer MCKENZI TAYLOR, South Dakota Alpha, provided discounted headshots for club members for their personal or professional use.

OKLAHOMA

Oklahoma City Alumnae Club

The Oklahoma City Alumnae Club decided to have each of its meetings coincide with its yearlong theme, Angels All Around Us. The theme is dedicated to the club members who exemplify Pi Beta Phi's core value of Philanthropic Service to Others. The club's October meeting honored Whiz Kids, an organization promoting literacy, learning and mentorship through after-school programming at local churches. Oklahoma Alpha BETH POST HAMMACK has served as a Whiz Kids coordinator for 13 years. At the meeting, club members donated books to the program.

Members of Oklahoma Alpha Reunion

In August, four Oklahoma Alphas from the pledge class of 1986 reunited at Lake Tahoe in Northern California. The women enjoyed the beautiful weather and the opportunity to reconnect after so many years.

OREGON

Members of Oregon Beta Reunion

In September, more than two dozen Oregon Betas gathered in Portland, Oregon, for a reunion. One highlight of the weekend was a circle where each sister had the chance to share her thoughts in two areas: which of her dreams as a

Below: Oregon Beta reunion.



20-year-old had come true and what she had experienced in the last 40 years that she never expected. The responses generated many heartfelt discussions about how important Pi Phi membership has been to the women.

Lake Oswego-Dunthorpe, Oregon, Alumnae Club The Lake Oswego-Dunthorpe, Oregon, Alumnae Club held a heritage meeting entitled "It's All Greek to Me." The women enjoyed a delicious Greek food dinner, looked at historical displays from the club's early years and shared Pi Phi memorabilia from the past. Three of the club's founders were in attendance, and those founders who were unable to attend were honored through photographs.

SOUTH CAROLINA

Columbia, South Carolina, Alumnae Club

The Columbia, South Carolina, Alumnae Club held a meetand-greet to connect alumnae of different generations. During the event, the women held the alumnae *Leading* with Values seminar "Speed Date My Arrow" to encourage meaningful conversation. The event concluded with the Pi Phis gathering in a circle and passing a candle while singing "Pi Phi Lights." When the candle reached a newly engaged sister, she blew out the candle and shared her engagement story.

TENNESSEE

Nashville, Tennessee, Alumnae Club

In October, the Nashville, Tennessee, Alumnae Club's Arch Angel interest group gathered for a Halloween celebration. The interest group is for women who are age 55 and older. More than 30 women attended the event, which included a murder mystery game, luncheon, costume contest and lots of laughter with Pi Phi sisters.

VIRGINIA

Members of Ohio Delta Reunion

Seven Ohio Deltas from the pledge class of 1959 have kept in touch for 57 years through an annual group letter and in-person reunions every other year. This year, the women met in Charlottesville, Virginia, and enjoyed touring the historical sites in the area.

Richmond, Virginia, Alumnae Club

Members of the Richmond, Virginia, Alumnae Club's Out and About interest group visited the Virginia Museum of Fine Arts to see the Fine Arts and Flowers special exhibit. More than 75 garden clubs across Virginia interpret masterworks from the museum's permanent collection for the exhibit, resulting in a dazzling array of beauty and creativity throughout the museum's galleries.

Pi Phi Motivates Others and Encourages the Heart

By: Massachusetts Gamma SHELBY PEFLEY

n our chapter, most of the Executive Council members are seniors. We select these older members to serve because of their extensive experience in Pi Phi and on the Massachusetts Institute of Technology (MIT) campus. But Massachusetts Gamma KYLA TRUMAN is one of the few women who joined the Executive Council as a junior. She threw herself into the role, not only performing her duties to the highest level, but taking on more responsibilities at every turn. And she did everything with an earnest joy that excited everyone around her.

Kyla emerged as an outstanding new leader last fall when she volunteered for the MIT Giving Tree program, which brings holiday cheer to families in need. The organization works with students, staff, faculty and friends to gather gifts, and then partners with local service organizations to distribute those gifts to families. In her role, Kyla worked with student groups on campus to collect gifts. The program was an overwhelming success, collecting more than 900 toys, books and essential supplies so that every child who requested a gift received one.

Our chapter was so impressed with Kyla's work for the MIT Giving Tree that we elected her to serve as Vice President of Philanthropy. In her role, she managed two philanthropy events: Ransom for Reading and Pi Burger Phry.

Ransom for Reading is an event involving the entire MIT community. Campus leaders are "kidnapped" and students donate money to "free" them. Using the organizational skills she learned while managing the MIT Giving Tree, Kyla recruited a larger number of student groups to



participate than we had ever had before. Her excitement for the event was contagious and our chapter members stepped up, volunteering however they could. Ransom for Reading raised nearly \$3,000 for Read > Lead > Achieve, more than twice what the event raised in the past.

After Ransom for Reading's great success — and the great effort necessary to make it so — it would have been easy for Kyla to simply carry out our second event, Pi Burger Phry, at the same level as previous years. Instead, she completely revamped the event to make it better. We have always sold cupcakes and cookies that were decorated to look like burgers and fries. But while we traditionally sell the treats at a booth on campus, Kyla added the ability to order online in addition to our booth orders.

These changes required many hours of extra work, but Kyla had nothing to worry about. Sisters lent a hand any time she asked for help. I remember Kyla being so surprised she didn't have to repeatedly ask others for help. But I wasn't surprised. She communicates her passion so well and it's easy for others to get excited alongside her. Pi Burger Phry was also a great success, raising twice what it had in the past.

This year, our members recognized Kyla for her dedication to our chapter and elected her Chapter President. I was honored to serve with Kyla on Executive Council as Vice President of Membership. I was especially thankful for her leadership while I managed our chapter's primary recruitment. I could always count on Kyla to inspire sisters in her daily speeches, in the planning activities she did with the chapter and in her one-on-one interactions with each woman. It was also because of Kyla that I was able to succeed in my role. When I had a 103-degree temperature on the second day of recruitment, Kyla was there to comfort me behind the scenes so I could be strong in front of the chapter. She genuinely cares about people, and her belief in me helped me believe in myself. \blacktriangleleft

Left: The leadership of Massachusetts Gamma KYLA TRUMAN (right) has motivated her chapter sisters to get more involved on campus and in Pi Beta Phi. Kyla particularly served as a mentor to Massachusetts Gamma SHELBY PEFLEY (left) during behind-the-scenes planning of primary recruitment.

MEET THE Carolyn Helman Lichtenberg **Crest Award Winners**

First presented in 1991, this award honors Ohio Alpha CAROLYN **HELMAN LICHTENBERG**, who served the Fraternity as Grand President from 1985 to 1991. Recipients are distinguished alumnae who exhibit excellence and outstanding leadership in their career or volunteer service to their communities.





LISA ZACCARIA BARNETT · LOUISIANA BETA · LOUISIANA STATE UNIVERSITY

"When I heard the news I was a recipient of this award, I thought about the many Pi Phi sisters who molded and shaped me into the person I am today," Lisa said. "I hope this award shows younger Pi Phis that servant leadership means being able to assess and channel your strengths to make a difference for the greater good of a community." — Lisa serves as President of the Board of Trustees for the Children's Museum of St. Tammany, which is currently in the planning and design phase of a brand-new 30,000-squarefoot facility. She also serves on the St. Tammany Parish Commission on Cultural Affairs and the St. Tammany Parish Cultural Arts District Task Force.



BETSEY TRANSOU SOLBERG MISSOURI ALPHA • UNIVERSITY OF MISSOURI

"Pi Phi taught me that volunteer leadership is the best way to make change because it brings people willingly along to make a difference," Betsey said. "I'm amazed that as a volunteer leader, I was able to reduce violent crime, advance higher education and raise millions of dollars for the benefit of my community." — Betsey has been a leader in Kansas City's civic and business community for more than 40 years. She opened the Kansas City office of FleishmanHillard and worked for the public relations company for 30 years. She served on the boards of numerous community organizations and was the first woman to chair the Greater Kansas City Chamber of Commerce.



LELA BENNETT SULLIVANOKLAHOMA BETA • OKLAHOMA STATE UNIVERSITY

"I'm in awe of all the incredible Pi Phis who impact their communities in such a positive way and grateful to be honored by those women I most admire," Lela said. "Helping secure the bricks and mortar to build a place empowering others to live a life without fear gives me a feeling of deep gratitude." — Lela chaired the YWCA Oklahoma City's \$15 million campaign to provide a new shelter for victims of domestic violence and sexual assault. The 24/7 facility provides immediate shelter for more than 350 women and children each year and offers supplemental services like helping obtain legal services, medical care and more.





BARBARA CLARK DIEKMAN NEW MEXICO ALPHA • UNIVERSITY OF NEW MEXICO

"I am most proud of my work in keeping families intact, particularly the many military families I've worked with," Barbara said. "Their capacity to learn skills that improved family life will continue to benefit generations to come." — Barbara has

served women and families for 56 years as a licensed marriage and family therapist. Many of her clients have included military personnel, veterans and their families. She also volunteers her counseling services for special needs high school students and individuals living in local retirement facilities.



JANIE KLEINSCHMIDT HIRSCH LOUISIANA BETA • LOUISIANA STATE UNIVERSITY

"Winning this award means I have made my Pi Phi sisters and the interior design community proud," Janie said. "It means I've succeeded at making my clients' houses places they love to come home to and places where they can escape the craziness of the day." — Janie is founder of J. Hirsch Interior Design, which has clients throughout the Southeast and has been featured in media outlets like Atlanta Homes & Lifestyles magazine. Janie has been instrumental in the growth of the Georgia Chapter of the American Society of Interior Designers (ASID) and currently serves as President of that organization.



CAROLYN WINDISH IRWIN COLORADO BETA · UNIVERSITY OF DENVER

"I've gone through a lot of adversity and managed to emerge a stronger person," Carolyn said. "I appreciate all the people who contributed to my success and know that in my type of business, the people you work with really are your greatest asset. Because of their efforts, it has allowed me to pursue my interest in giving back to my community through local charities that are near and dear to my heart." — Carolyn is the owner of Windish RV Center, a third-generation family business. The company employs 74 staff members between two locations, with a third location opening later this year. Windish RV Center generated \$60 million in annual sales in 2015 and is a major philanthropic supporter in the Greater Denver Area.



BARBARA MCOUADE MICHIGAN BETA · UNIVERSITY OF MICHIGAN

"This award honors my work to combat public corruption and protect civil rights," Barbara said. "Public corruption is harmful because it erodes trust in government and cheats taxpayers out of honest services to which they are entitled. Civil rights are important because they are an essential part of our nation's promise of equal justice under law." — Barbara became the first woman to serve as U.S. attorney for the Eastern District of Michigan after being appointed by President Barack Obama in 2010. Her accomplishments include the prosecution of an Al-Qaeda operative attempting to detonate a homemade bomb on an airplane and the prosecution of a former Detroit mayor on charges of corruption and bribery.



ELLEN WITTWER ROHDE MICHIGAN GAMMA · MICHIGAN STATE UNIVERSITY

"Pi Phi helped me grow as a woman and develop a successful career," Ellen said. "My corporate job involved moving many times to places I had never lived and knew no one. The constant throughout that 30-year period was the support of my Pi Phi sisters, who always helped me feel part of a new community." — Ellen served 22 years at the VF Corporation, a global leader in branded lifestyle apparel, footwear and accessories with more than \$12 billion in annual revenue, including as President of three different operating divisions. She now owns The ELR Group and works with companies and private equity firms in the apparel industry worldwide.



KRISTY WEBER MISSOURI ALPHA · UNIVERSITY OF MISSOURI

"I will always treasure this award," Kristy said. "It honors the work I do to help children and adults with bone and soft tissue tumors. It also honors my efforts to model the way for younger women interested in the field of orthopaedic surgery." — Kristy is Chief of Orthopaedic Oncology at the University of Pennsylvania. She focuses on utilizing limb-salvage techniques around the hip, pelvis, knee and shoulder. Her research has contributed significantly to the understanding of metastatic bone disease. Kristy is slated to become President of the American Academy of Orthopaedic Surgeons in March 2017. She will become the Academy's first woman president. ←

How to Choose a Leading with Values Seminar

We know Leading with Values seminars are most successful when they are relevant to a chapter's needs, strengths and opportunities. We also know there are a lot of seminars from which to choose. Don't know where to start? We're here to help! Take this quiz to find out which Leading with Values category suits your needs.

WHERE DOES YOUR CHAPTER EXCEL?

- A. Promoting Pi Phi values by sharing fun pictures on Instagram and Facebook
- B. Hosting a Lemonade for Literacy booth on campus for Read > Lead > Achieve Month
- C. Celebrating Big Sis/Little Sis Reveal with a sisterhood movie night
- D. Committing to values-based recruitment with no frills
- E. Participating in campus opportunities like dance marathon, student government and honor societies



WHICH ACTIVITIES COULD BE AN AREA OF OPPORTUNITY FOR YOUR CHAPTER?

- A. Asking Career Services to do a LinkedIn seminar for your chapter
- B. Having a conversation about what our Fraternity values mean to you
- C. Hosting a Founders' Day celebration and inviting neighboring chapters and clubs
- D. Reaching out to local alumnae by sending handwritten notes in the mail
- E. Sending wine carnations to sisters "just because"

WHERE DO YOUR CHAPTER'S CURRENT PRIORITIES LIE?

- A. Attending events like Pi Beta Phi Leadership Institute and College Weekend
- B. Learning about Pi Phi history by reading the blog of Fraternity Archivist and Historian FRAN DESIMONE BECQUE, New York Alpha
- C. Celebrating 150 years of Pi Beta Phi in 150 ways
- D. Spending winter break with family and friends
- E. Receiving invitations to social engagements

WHICH OF THESE BEST DESCRIBES ONE OF YOUR CHAPTER'S **GOALS?**

- A. Finding ways to support members in leadership endeavors, in Pi Phi and on campus
- B. Increasing attendance and participation in Pi Beta Phi events and opportunities
- C. Committing to growing an understanding of Fraternity history and values
- D. Increasing retention and membership by providing meaningful experiences for members of all ages
- E. Both B and D



IF YOU CHOSE MOSTLY A'S, explore the Academics and Leadership Development categories. It sounds like your chapter could focus on developing Personal and Intellectual Growth and learn a lot through seminars like "Get Smart!" and "Hear Me Out!"

IF YOU CHOSE MOSTLY B'S, check out the Brand Image and Attendance/Participation categories. "Ethics for Positive Change" and "Celebrating our Sisterhood," to name a few, would assist your chapter in promoting great things!

IF YOU CHOSE MOSTLY C'S, look into the Living Pi Phi Core Values and Fraternity Heritage categories. "Elevator Speech" and "What's in a Ritual?" may support your chapter's investment in Integrity and Philanthropic Service to Others.

IF YOU GOT MOSTLY D'S, the Alumnae Appreciation/ Relations and Pi Phi After Graduation categories have some awesome opportunities for you. It sounds like your chapter could also focus on Lifelong Commitment through engagement with "A Vow to Values" and "Time, Treasure, Talent."

IF YOU GOT MOSTLY E'S, Values-Based Recruitment and Sisterhood categories may be an appropriate place to start. Seminars discussing Sincere Friendship, like "Pi Beta Phi Values Auction" and "Where Am I Coming From?," may be beneficial to your chapter's growth.

If none of these applied to you, tell us what you need! Use the Leading with Values submission form, found online at www.pibetaphi.org/leadingwithvalues, to submit your own seminar for us to share with the rest of our members.

Monthly *Leading with Values* seminars are not just the responsibility of a chapter's Executive Council, but can be accessed by everyone. Are you looking for ways to lead in your chapter? Check out Leading with Values seminars at www.pibetaphi.org/leadingwithvalues and offer to lead a seminar at your next chapter meeting! ←

LEADING WITH VALUES FOR ALUMNAE

Looking for ways to engage your alumnae club through Leading with Values? Check out the seminars made especially for alumnae at www.pibetaphi.org/leadingwithvalues. There are many opportunities for your club to engage with Pi Phi's core values through these 20-30 minute seminars. Not involved with an alumnae club currently? Leading with Values seminars are available to the public on the website and you can still participate in seminars as an individual.

SUST KEEP Summing

LIFE ISNT ALWAYS FAIR.

Sometimes unfortunate things happen.

But that doesn't mean throwing our hands in the air and losing hope. It means we keep going, one foot in front of the other, with the help of friends, sisters, family and sometimes even strangers.

MIGHTY MAX'S SUPER SQUAD

By Indiana Epsilon KYE HAWKINS

y husband and I welcomed our son, Max, into the world on August 23, 2014. After a pretty quick and textbook delivery, the joy and excitement of learning we had a baby boy quickly turned to worry and fear, as something clearly wasn't quite right. Max couldn't

take a deep breath or cry a big cry. He was visibly puffy and full of fluid. The neonatal intensive-care unit (NICU) team rushed in.

We anxiously awaited news about Max for several hours. Finally, a doctor explained Max was born with Posterior Urethral Valves (PUV). PUV is a blockage of the urethra in utero that causes the baby's urine to back up into the kidneys instead of being voided into the womb in the form of amniotic fluid. The lack of amniotic fluid causes the lungs to be underdeveloped and the urine backup poisons the kidneys. We learned Max's kidneys would likely never work and his bladder might not ever function normally.

We spent 69 long days in the NICU and heard several times that Max was one of the most complex cases the staff had seen, which makes us even more proud of how well he's doing today. Max has had five major surgeries, and we are working toward a life-saving kidney transplant (what we're calling his "Shiny New Kidney"). We are in the process of testing potential donors, all family members, who have stepped up to donate their spare kidney to Max. While we wait, Max undergoes nightly 8-hour dialysis treatments, and we use a catheter four times a day to relieve his bladder. He has weekly physical therapy and occupational therapy sessions and is on seven different medications, including a daily growth hormone, to balance his system and make up for his lack of kidney function.

Our journey to Max receiving his Shiny New Kidney has been the most challenging period I've faced by far. In addition to the logistical stress associated with being his in-home nurse and monitoring his health closely with twice-daily temperature taking, blood pressure measuring and frequent calls to the hospital dialysis



FEATURE 4

was born with Posterior Urethral Valves (PUV), a condition causing his kidneys and bladder to function irregularly. Now two years old, Max requires daily dialysis treatments and is awaiting a kidney transplant. Kye is thankful for the support of family, friends and co-workers who have helped the family by cooking meals, organizing fundraisers and more.

team, we live with the emotional stress of Max's condition. We've learned a lot over the last two-vearsand-counting, and two main themes rise to the top of the lessons-learned pile.

First, resiliency comes and goes, and that's okay. Some days, I'll cry and bemoan the fact Max had to be born with such a terrible and relentless health condition, and I'll feel like crumpling into a little ball on the floor and feeling sorry for myself. But other days, I feel like I'm owning this thing. I feel so lucky Max is this hilarious, happy, kiss-giving, outgoing and joyful kid. And I'm grateful my husband and I are closer and more in love than we've ever been.

Second, no one can be resilient on their own, and we've learned to accept help in many forms. My Pi Phi sisters set up a meal train for us while we spent three months in the NICU (I don't think we made a single meal for

ourselves the entire stay). Max has a fund to raise money for his transplant and two of my Pi Phi sisters recently organized a yoga event that raised more than \$5,000 in one morning for the fund. Our families do everything they can to help us care for Max, and our coworkers have

> been understanding and helpful when we've needed to take time off for Max. The list goes on and on and on. It may sound odd, but I feel fortunate to be in a position where we have a constant reminder of how overwhelmingly good, kind and bighearted people are.

> When I start to get frustrated, I try to keep myself centered by practicing yoga. My husband and I even do a good job of getting out for a date night here and there

or hanging out with friends. But the number one strategy is following Max's lead. He puts me in an immediate good mood just by being his sweet, goofy, giggly self. Max certainly isn't wallowing in self-pity — he's too busy enjoying his life.

Some days, I'll cry and bemoan ... But other days, I feel like I'm owning this thing.

Following a Dream

By Missouri Alpha CRICKET WARDEIN

umping ship from a big corporate job to being an entrepreneur has been incredibly rewarding, but also frightfully challenging. I went from managing a team of 675 people to managing less than 20 part-time workers. I went from traveling the globe and staying at high-end hotels to sleeping on friends' couches to save money. I went from having multiple employees complete daily tasks to mopping the bathrooms myself. But building an inspiring brand, being my own boss and having clients tell me my business is their "happy place" is priceless.

After graduating from the University of Missouri with a journalism degree, I was lucky to land many great gigs and work for amazing mentors in the corporate world. I worked at advertising agencies for clients like Gap and Disney, and spent eight years at Yahoo! (including serving as their Chief Marketing Officer in Australia). It was while living abroad for my role at Yahoo! I discovered a largegroup Pilates class taught on reformers,

special equipment used to promote length, strength, flexibility and balance. I loved the combo of a sporty, tough workout and graceful, therapeutic Pilates.

I came back to San Francisco, became certified in Pilates and started exploring opening a studio, which I named Mighty Pilates. At the time, I was working full time at a PR agency and spending nights and weekends opening the studio with the help of two friends. I self-funded the venture using stock money from my days at Yahoo! and by maxing out every one of my credit cards.

The first day we opened was thrilling, but unfortunately we were robbed the first night. On my to-do list was to

get a security alarm, but the appointment was for the

following week. Someone picked the lock on the front door and stole our brand-new Mac, all our tools, décor, toiletries — they even stole the hooks off the walls. But, it didn't stop us. We rallied and re-purchased items, filed an insurance claim and smiled to clients as if nothing had happened.



Above: Missouri Alpha CRICKET WARDEIN walked away from her corporate career to focus on her business and passion for Pilates.

During our first few months, we had days where no one would attend class. Days where total sales were \$0. Days where a 1-star Yelp review sent me into the fetal position, crying for hours. Days where the only way we could pay the Pilates instructors was because I was taking cash from my corporate paycheck. Days where we spent hours camping out at the San Francisco courthouse getting fitness and building permits. Days where my corporate rolodex of 20 years didn't have one contact that could help figure out how to make a bathroom ADA compliant.

But this time was also incredibly exciting and rewarding. I squealed with joy when our first big sale of 10 private appointments came in for \$800. I shed happy tears when the San Francisco Chronicle listed us as "the place where

the Sex and the City girls" would hang out. I loved to be at the studio and feel the positive energy of the great community we were building.

For the next five years, I continued to rise at the PR firm, the studio kept growing and I launched my best product ever: my daughter, Charlie. I desperately wanted to leave the corporate world, but financially, as a single mom supporting my little girl, I couldn't. I started saving a little bit from each paycheck and

plotting my escape. Finally, last fall I quit my corporate job and traded in a steady paycheck for the roller coaster.

One of my first steps was to take out a loan covering half of the opening of our second Mighty Pilates studio in Santa Monica, California. It was much easier to open this second studio because I had learned so much the

hard way already. But I was still working 20-hour days in the weeks prior to our opening. I auditioned more than 20 instructors and hired 12 employees in less than two weeks. Even the night before the grand opening, we were still putting the reformers together, launching our Facebook page and hanging the pictures on the wall.

The morning of our opening party, I received an unexpected call that my daughter's father had died. I had not been with him since my daughter was a baby, but I loved him at one time and was devastated to tell my daughter her daddy was gone. I suddenly had the biggest workday of my life colliding with the most intense personal day of my life. I conquered it all by relying on the help of family and friends. And I also felt prepared for the experience

> because of the resilience I had learned as an entrepreneur, through all those minor and major dramas I'd experienced.

Today, both studios are thriving. We have a 5-star rating on Yelp, we bring in more than \$1 million dollars in revenue. we have a wonderful staff and we have happy, inspired clients. We still have some days when sales are slow or we have an unhappy customer. But I know we will make it through. And most importantly, I am not working 80-hour corporate

workweeks or traveling the globe. I can set my schedule so I can do my favorite things: make chocolate chip pancakes with my four-year-old and drop her off every day at preschool. And if I had stayed in the corporate word, I wouldn't be able to show my daughter how hard work, passion and a supportive, wonderful village all help create a new world of endless possibilities.

I suddenly had the biggest work day of my life colliding with the most intense personal day of my life.

Surviving the Storm

By Louisiana Beta HANNAH RABALAIS

he week was just as normal as any other. As a student at Louisiana State University (LSU), I was getting ready for primary recruitment, which was starting that Sunday. As Thursday rolled around, there was news we should expect some flooding around campus. For the safety of our members, the Louisiana Beta Chapter decided to cancel the final days of Spirit Week and LSU ended up closing as well, just to take precaution.

After talking to my parents, they told me not to worry. We live in Baton Rouge, Louisiana, and though some areas in the city were predicted to potentially flood, it most likely was just going to be a bad storm. I woke up Saturday morning, looked out the window at the LSU lakes across the street and noticed the water had risen, but it wasn't even to the sidewalk. Some streets around campus were flooded, but we were all okay. I called my mom around 8:30 a.m., and she told me again not to worry and that everything at home would be fine.

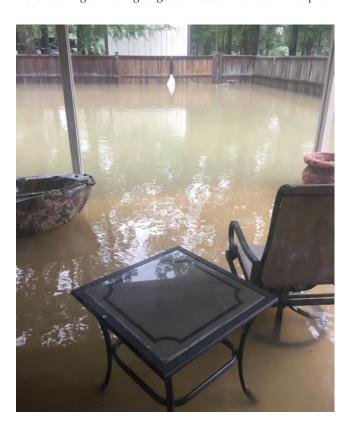
Within the next hour, my phone rang, and I heard the fear and panic in my mom's voice. She asked what in my room absolutely had to be saved because our house would soon take on water. My heart dropped to my stomach, and I sat in shock trying to take in what I had just heard. My

This page and opposite page: During the historic Baton Rouge and South Louisiana flooding last summer, Louisiana Beta **HANNAH RABALAIS'** family home was destroyed. Hannah's Pi Phi sisters helped the family clean out the house, including sheetrock, insulation and flooring, so the family could rebuild.

mom said as soon as my dad realized we would be getting water, he tried to get sandbags and bricks so he could put up some of the furniture. However, when he got in his truck and approached the entrance of the neighborhood, he was unable to drive through because the water was already too high.

It didn't take long for phone lines and cell service to disappear, which was the hardest part for me. I had no way of knowing what was going on or whether my family was safe. Finally, on Sunday afternoon, I received a text from a family friend saying my mom and brother were rescued by boat, but my dad chose to stay. I was relieved to hear they were safe, but also terrified for what might come next.

When I was finally able to talk to my mom, she told me the house had approximately 14 inches of water in it, and we were looking at having to gut it and start all over. The pit



in my stomach grew larger by the minute, but my mom told me no matter what, we had to be thankful we were all safe, and we would get through this together.

LSU decided to push back primary recruitment to give students and faculty time to recuperate before the start of the semester. Once the water finally receded on Wednesday morning, I met my family at our house, only to open the warped and jammed door to the most gutwrenching sights and smells. Load by load, we hauled everything out to the street. From little things like clothing and bedding to the big things like furniture and cabinets, we made piles upon piles. I felt numb. I couldn't comprehend what had happened. My parents are my rocks and to see them in such distress and worry made me sick.

However, we were absolutely blessed with the sweetest angels ever. My Pi Phi sisters showed up to my house ready to help in any way they could. They tore up floors, busted sheetrock, pulled moldy insulation out of the walls and did it all with smiles on their faces. Never once did they complain that it was hot or that they were exhausted. They were there for me in so many ways, and I am forever grateful for all their help. I also had many alumnae reach out to make sure I was okay and to let me know I was in their thoughts and prayers.



The most valuable thing I learned from this experience is that things, while they may have special significance, are only material. It is the people in our lives who are the most precious. With the help we received, my family is in the rebuilding process, and we are hoping to be back in business after the holidays. There is nothing that could prepare anyone for a situation like this, but I do believe everything happens for a reason and with prayer, faith and a whole lot of Pi Phi love, one can overcome any struggle.

The Light at the End of the Tunnel

By Oregon Alpha MISSY GERBER

y husband, Steve, and I had been living on our houseboat for six years in Spring 2011. We loved everything about living on the water, especially the calm, peaceful environment the community provided. When nighttime rolled around, the only discernible sounds were the small waves cresting beneath our feet.

One Friday night, I woke up to use the restroom. As I was sleepily dragging my feet back to bed, I tripped and fell, hitting my head on the bedframe on the way down. When I tried to get up, I couldn't move. I started to panic: why couldn't I control my body? I didn't know that my fall was worsened by a condition called cervical spinal stenosis, which had been compressing the nerves in my neck. The collision inflamed the stenosis, closing

off my spinal cord and instantly paralyzing me from the neck down.

Steve frantically called 911. The ambulance arrived and medics brought a gurney down the wood-planked pathway to our houseboat's doorstep. The ambulance transported us to the hospital and surgery followed the next day. Shattered vertebrae were fused together by metal plates and a cadaver bone replaced part of my cervical spinal column. I spent a full week in the hospital without regaining any feeling in my lower extremities.

Unsure what my healing would look like, I was sent to the Rehabilitation Institute of Oregon (RIO), which specializes in rehabilitation for patients with traumatic

The days were physically, mentally and emotionally exhausting, but I was determined to find the light at the end of the tunnel.

brain, stroke and spinal cord injuries. I was a patient at RIO for three months and completed physical therapy three times a day during my stay. I had weekly sessions with my doctor, physical therapist, occupational therapist and psychiatrist. The days were physically, mentally and emotionally exhausting, but I was determined to find the light at the end of the tunnel.

At first, I could pull myself up with a walker. Then, I could stand on my own. Finally, I could walk. I still had a long way to go, but I was going to get there, one foot in front of the other. That August, we had many things to celebrate: my health, my homecoming and my 57th birthday.

During my journey to recover, my Pi Phi sisters encouraged me every step along the way. It was often a member of my alumnae club who drove me to physical therapy or to the grocery store. One sister even organized meals to be delivered to our house those first few weeks after we returned home. Though my health was improving, it would be some time before I could return to work. Steve and I were unsure what the future held for us financially as we watched medical bills pile up.

That's when one of my Pi Phi sisters encouraged me to apply for a grant from Pi Beta Phi Foundation's Emma Harper Turner Fund, a fund designated specifically for sisters in dire financial need. Shortly after applying, I learned I would receive a grant and immediately used the funds to cover our expenses.



Above and below: Oregon Alpha MISSY GERBER spent three months at the Rehabilitation Institute of Oregon after hitting her head during a fall. The injury was worsened by a condition called cervical spinal stenosis, which had been compressing the nerves in Missy's neck. Missy and her husband were able to cover medical expenses thanks in part to an Emma Harper Turner Fund grant through Pi Beta Phi Foundation.

I was grateful when my close Pi Phi sisters raised their hands to help, but I was overwhelmed by the support I received from the unnamed sisters who made the grant possible. It was the last bit of support I needed to feel fully confident in my recovery.

One thing I've learned is that healing of great magnitude cannot happen on its own. From the moment I was wheeled through the hospital doors, every physician, caretaker, family member and friend impacted my recovery. And while I couldn't have done it without them, it was truly the support of my Pi Phi sisters that helped me stand on my own two feet again. Now that I am in a physically and financially healthy place, I have made it a priority to give to the Emma Harper Turner Fund, so I may provide relief to sisters who are also determined to find the light at the end of their tunnels. \blacktriangleleft



Manage Change and Build Resiliency

By Erin Fischer, CEO of The Leadership and Training Studio



Women are increasingly showing their capacity and capability, but at the same time our levels of anxiety and depression are at an all-time high. We have a lot of forces moving against us, including those tricky voices in our heads telling us we aren't worthy. So, let's own this. The biggest key to having authentic confidence is to have a reserve of resiliency. Here are a few tips for how to fill up your reserve.

HAVE THE RIGHT MINDSET

You are not pizza. You can't please everyone. Confident and resilient women must learn the practice of caring less. This is not working less, studying less or being careless. It means putting less stock into what everyone else thinks of you.

MANAGE CHANGE AND BUILD RESILIENCY

STRETCHING OVER BREAKING

It's like being a rubber band; you are meant to stretch and grow. If you stretch, you are realistic, collaborative, open to feedback, adaptive and expect change. If you break, you fold up, storm off, blame others, require control and have unrealistic expectations of life.

LEARN THE LESSON

The best time to learn a lesson is when you are feeling frustrated or living in uncertainty. In that moment, clarify what your passion or motivation is, identify a new skill that will help you overcome your frustration or seek out those people who can help you most.

FIND YOUR FLOW ACTIVITY

Yoga, loud music, a long walk in the woods, volunteering or even a pep talk from your best friend can be enough to help you bounce back when things don't go your way.

BE A REFLECTOR, **NOT A RUMINATOR**

Reflectors review and plan. Ruminators feel regret and think of future anxieties. The difference is the way you reflect and plan. If you attach negative emotions to your history and future, your stress levels will rise. Instead, consider what went well and what will go well the next time, too.



University of Washington Athletic Director: 'Young Women Can Achieve Their Dreams'

By California Epsilon JENNIFER SMITH COHEN

native of Tacoma, Washington, I grew up loving the University of Washington (UW) Huskies. Every Saturday morning, my father and I would wake up early and drive up Interstate 5 to Seattle. And every Saturday, I would sit on the edge of my seat during the car ride. I couldn't wait to run down the stadium tunnel and bark at that game's opponent, a tradition I cherished alongside the rest of the UW Football family.

I loved the atmosphere at football games, and I loved the sport. But what I loved most was the sense of community UW Football gave me. It was those exciting fall seasons spent in Husky Stadium that sparked my first career aspiration: to become a college football coach. So in fifth grade, I wrote a letter to the UW Football Coach, and my personal role model, Don James. I told him I wanted to be just like him, and lead the Huskies to victory.

When Coach James wrote me back, he didn't put down my dream. Instead, he encouraged me. He said there weren't many football coaching opportunities for women,

Above: California Epsilon JENNIFER SMITH COHEN was appointed as the University of Washington's Athletic Director in May 2016.

Right: More than 30 years later, University of Washington Football Coach Don James' words of encouragement continue to motivate Jennifer. This picture of the two, taken at Husky Stadium in 1998, hangs in Jennifer's office.

but that shouldn't stop me from turning my passion for college athletics into a career. So, at age 10, I set my life plan around his advice. I was going to be Athletic Director for UW someday.

My college experience at San Diego State University defined my professional career. I studied physical education with an emphasis in sports administration and became heavily involved in University athletics. I was also fortunate to join the California Epsilon Chapter. It was my close Pi Phi sisters who supported my professional dreams and helped give me the confidence I needed to pursue them. Pi Phi also inspired my passion for service and value of volunteerism, two qualities that still influence my leadership style today.

After graduation, I moved back to Washington and pursued my master's degree in sports administration. Again, I became involved in the school community and in athletics, serving as a graduate assistant and coaching the women's volleyball team.

I was never deterred from my dream while earning my degrees. Every class I took, every philanthropic cause I supported and every team I joined was a deliberate



decision I made to get closer to my end goal. It was that constant determination that ultimately brought me to the athletic department at UW.

It's been nearly 20 years since I accepted my first position as Assistant Director of Development. Since then, I have had the opportunity to learn from strong leaders, collaborate on different teams, lead fundraising efforts and support athletic and educational programs. Today, I am the only female Athletic Director in the Pac-12 Conference, and one of only three female Athletic Directors in the Power Five Conferences. In this role, I hope to positively impact the lives of student-athletes, inspire a championship culture fueling winning teams and unite the UW community.

Throughout my career, I haven't focused on my gender, but rather on what was required to get the job done. I achieved my dream by working hard, proving myself on my own merits and leading with humility. My experiences taught me that to be a good leader, it didn't matter if I was a man or a woman. A good leader was someone who was driven, empathetic, humble and supported others in a way that brought out their best. I found many unforeseen benefits by leading authentically and always trying to do the right thing.

That being said, I know it is significant to be a woman in this prominent role. The sad truth is there are very few women leaders in college athletics, and in many other industries as well. If you are a young woman and your aspirations include seeking a position where there aren't many leaders who look like you, that absence can hold you back from thinking your dreams are possible. I want to serve as an example to young women and show them they can achieve their dreams, whatever those dreams may look like.

I hope there is a time when gender is not a part of this conversation. But until then, I encourage you to be guided by our Pi Phi core values. Challenge yourself to seek opportunities for Personal and Intellectual Growth. Treat your peers with Honor and Respect. Care deeply about cultivating Sincere Friendships. If we do our jobs well, with passion and with the mindset of Philanthropic Service to Others, then we will succeed. ←



Above: Minutes before a Huskies press conference, Jennifer spends time with her sons, Tyson and Dylan.

DEVELOPING CONFIDENT WOMEN LEADERS

Pi Phi knows the need for confident women leaders is greater than ever before. That's why it's our responsibility to give our members the tools they need to be successful leaders in their chapters, clubs, communities, careers and homes.

With support from Pi Beta Phi Foundation, our members are equipped with innovative, handson leadership training and tools. Programs such as the Leadership Development Consultant program, Leading with Values and Pi Beta Phi Leadership Institute allow our members to learn new skills, collaborate with their peers and test their leadership theories. In fact, the vision of Pi Beta Phi Leadership Institute is to develop confident women leaders who contribute to making the impossible the inevitable — just like California Epsilon JENNIFER SMITH COHEN did!

It is a benefit of our Pi Phi membership to be able to share our stories so we can learn from one another and achieve our goals. For more information on how you can share your story, or how you can support Pi Phi's ongoing leadership efforts, visit www.pibetaphifoundation.org or call (636) 256-1357.

Welcome Back South Carolina Beta

By: North Carolina Beta CAROL INGE WARREN

might be called a Pi Phi Installation "junkie," as I am hooked and committed to attending each and every one. While I was serving as an Alumnae Regional Director in 1983, Pi Phi was installing the Iowa Eta Chapter at Drake University. Because it was an easy drive to Des Moines, Iowa, for me, I decided it was probably my one and only opportunity to experience a chapter installation. Little did I know, as a future Grand Council member and eventual Grand Vice President Membership (a role that helps manage Pi Beta Phi's extension efforts), I would attend a great many installations.

I have attended 38 installations to date. If you can believe it, that is a far cry from the 57 installations my good friend, and Past Grand President, SARAH RUTH "SIS" MULLIS, South Carolina Alpha, has attended. I'll never catch up with her, but we have a terrific time attending the events together.

New chapter installations are an incredible experience because they remind you what joining Pi Beta Phi is all about. I attended the Installation Weekend for our newest chapter, South Carolina Beta at Clemson University, this past November. Grand President PAULA PACE SHEPHERD, Texas Epsilon, initiated 159 collegians, which was very special and unique to witness.

The weekend was also special because it celebrated the re-installation of South Carolina Beta, and many South Carolina Beta alumnae — including some charter members and original Alumnae Advisory Committee

members from 1976 — were in attendance. I was on Grand Council when the chapter closed, so it was very meaningful to be part of its return to campus.

The weekend festivities began with the Preparatory Service on Friday evening, followed by a Cookie Shine. Parents, guests and South Carolina Beta collegians were welcomed to the Cookie Shine by Resident Leadership Development Consultants (RLDC) ALEX SHAW, Tennesee Gamma, and GREER MANGRUM, Mississippi Gamma. The RLDCs explained the history and tradition of the Cookie Shine. Then a few South Carolina Beta collegians related what joining Pi Phi has meant to them. The speeches were followed by cookie treats and the opportunity to socialize.

The South Carolina Beta women were very welcoming and wanted to meet the many Pi Phi alumnae in attendance. They appreciated those who had traveled from all over the country to celebrate with them and took a sincere interest in the many local alumnae and Fraternity Officers in attendance.

Saturday, the New Members were initiated throughout the day and I had the privilege of welcoming them to Pi Beta Phi following their initiation. It was inspiring and heartwarming to hear their stories of why they joined Pi Phi and what their membership means to them. Many also shared the legacy they want to leave at Clemson as the returning South Carolina Beta Chapter. They have great plans and big dreams for the future of the chapter.

Right: Members of Pi Beta Phi's Grand Council and several other Fraternity officers gathered to celebrate the reinstallation of the South Carolina Beta Chapter. They included North Carolina Beta **CAROL INGE WARREN** pictured third from right.





Above: In November, Pi Beta Phi welcomed back the South Carolina Beta Chapter at Clemson University, Many South Carolina Beta alumnae and Pi Phis from across North America joined the 159 South Carolina Beta collegians to celebrate the chapter's return.

Saturday evening, an Installation Banquet was held on the Clemson campus with more than 300 collegians, alumnae, University officials, families and friends in attendance. The group included alumnae from 32 different Pi Phi chapters. Special guest speaker for the evening, Judge MARY GEIGER LEWIS, South Carolina Beta, opened the banquet with a delightful message welcoming her chapter back to Clemson.

Other banquet highlights included a presentation of gifts from other chapters and alumnae clubs. Several South Carolina Beta collegians shared their sisterhood stories followed by a presentation from Chapter President SAVANNAH RHYNE. Then, Grand President PAULA PACE **SHEPHERD** officially installed the South Carolina Beta Chapter and presented the original 1976 framed charter. The 2016 charter will be presented this June at the 2017 Convention in St. Louis.

The next day, a model chapter meeting was held in order to demonstrate proper chapter meeting procedure. Chapter officers and members of the Alumnae Advisory Committee were installed by Grand President PAULA PACE SHEPHERD.

South Carolina Beta's installation was one of the best I have ever attended over these many years. The joy and excitement of the New Members to become part of our

sisterhood was indeed inspiring. This installation also meant some very special love and warm hugs for me personally, as my husband had very recently passed away. The Sincere Friendship, love and support of Pi Beta Phi cannot be underestimated. It is what keeps me volunteering, attending installations and conventions, and trying to give back in some small measure so future generations can experience Pi Beta Phi.

FOLLOW SOUTH CAROLINA BETA

Keep up with the growth of the South Carolina Beta Chapter by following the chapter on social media or visiting the chapter's website.

- www.facebook.com/ClemsonPiPhi
- www.twitter.com/ClemsonPiPhi
- www.instagram.com/ClemsonPiPhi
- ♠ www.pibetaphi.org/clemson

Celebrating 150 Hears Together

Are you ready for the celebration of a lifetime?
Registration for the 2017 Convention and 150th Celebration is OPEN!
Visit www.pibetaphi.org/convention to learn more and to register.



CONVENTION 2017 AGENDA

FRIDAY, JUNE 23, 2017

- Wear your letters as you travel so that other sisters can spot you!
- Pi Beta Phi Headquarters and Sign of the Arrow pre-tour
- St. Louis Points of Interest pre-tour
- Pi Beta Phi Foundation's Halo Heaven opens
- Meet Grand Council and Executive Director event
- · Opening dinner and general session

SATURDAY, JUNE 24, 2017

- · State of the Organization
- General session Pre-election
- Recognition lunch honoring current and past Pi Phi award winners
- Business meeting and elections
- Fraternity Housing Corporation/Chapter House Corporation reception
- Dinner by Chapter, Parade of Banners and the official 150th Celebration
- · Zumba Party

SUNDAY, JUNE 25, 2017

- Fraternity Housing Corporation/Chapter House Corporation breakfast
- Initiation
- · Memorial Service
- Heritage lunch honoring Pi Phi legacies and Cookie Shine
- Alumnae Leadership Summit
- FHC Housing Symposium
- · Educational programming
- Foundation dinner and special announcement
- Meet the Leadership Development Consultants

MONDAY, JUNE 26, 2017

- · Literacy service event and advocacy walk
- Closing general session, officer installation and announcement of 2019 Convention location
- Wine Carnation Banquet

TUESDAY, JUNE 27, 2017

- · Attendees depart
- Holt House post-convention tour
- St. Louis Attractions post-convention tour

LEGISLATION

An essential part of each convention is the business meeting, which entails both election of officers and legislative changes to the Pi Beta Phi Constitution and Statutes. Grand Council, chapters and alumnae clubs can sponsor a piece of legislation. The Legislative Committee oversees the legislative process and is an independent resource to advise and clarify legislative proposals for delegates. For each member, participation in the legislative process is a privilege and a responsibility.

Proposed changes to Pi Beta Phi's Constitution and Statutes will be mailed to chapters and clubs in late February 2017. Reviewing this document is critical in preparation for convention. The Legislative Committee is preparing a webinar for collegiate and alumnae regional teams, which will take place in early March.

SISTERHOOD STORIES

We want to hear from you! Tell us your favorite Pi Phi memories, and they may be shared throughout convention. Your sisterhood story can relate to any special Pi Phi occasion, including: volunteer experiences, literacy, Cookie Shines, initiation, Bid Day, Big Sis/Little Sis, etc. Email your sisterhood story to sisterhoodstories@pibetaphi.org.

PI BETA PHI FOUNDATION

OHIO BETA BARBIE

OLIVER TOOTLE, PI PHI'S

FAVORITE STORYTELLER,
WILL ONCE AGAIN TAKE THE

CONVENTION STAGE ON SATURDAY.

BARBIE WILL SPEAK ABOUT A

FRIENDSHIP THAT GREW INTO

A 150-YEAR-OLD FRATERNITY.

CONVENTION ATTENDEES WILL CERTAINLY FIND BARBIE'S

MESSAGE A HIGHLIGHT OF THEIR EXPERIENCE.

Convention presents opportunities for you to learn more about and support Pi Beta Phi Foundation. Being the 150th celebration of our sisterhood, this year presents

some extra special opportunities. In

addition to Halo Heaven and visits from Angelica the Angel, the

Foundation is planning to be part of your convention experience like never before. Be sure to join the Foundation for Sunday evening's dinner where a very special project will be unveiled!

WINTER 2017





THANK YOU LOCAL COMMITTEE

Thank you to the Convention Local Committee! From recruiting volunteers to planning the Opening Dinner to planning the pre- and post-convention tours, these women are an integral part of making convention come to life. From front left, lowa Zeta RENEE ROSS MERCER and Indiana Epsilon PAM MCLEAN WINGBERMUEHLE. Second row from left, Missouri Alpha LIBBY GILKISON CANNON, Missouri Gamma KATHY BLUMFELDER SCHMIEG

and Tennessee Beta SUSIE MACDONALD GLENN. Third row from left, Indiana Gamma DEBORAH SMITH NOERPER and Missouri Alpha KATHY STEVENSON WEBER. From back left, Missouri Alpha WENDY WOOLARD DROCHELMAN and Indiana Beta CINDY KORTE SMITH. Not pictured: Missouri Gamma KATY HOPPENS WALMSLEY.

PRE- AND POST-CONVENTION TOURS

PRE-TOURS: FRIDAY, JUNE 23, 2017

Option #1: Major St. Louis Sites Overview Tour Depart hotel: 1 p.m.

Arrive back to hotel: By 4:30 p.m.

Cost: \$35 per person (50 person maximum)

Description: Take a guided tour of major St. Louis sights, including the Gateway Arch, Lafayette Square, Union Station, the City Museum, Forest Park and the Central West End. The bus will stop at the foot of the Gateway Arch for a photo-op. The tour may also include (time permitting) a guided tour of the interiors of Union Station, the Cathedral Basilica and the Atrium of the City Museum as well as a stop at the world-famous Ted Drewes Custard Stand for a refreshing mid-afternoon treat.

Option #2: Visit Pi Phi Headquarters and Sign of the Arrow Depart hotel: 11:30 a.m.

Arrive back to hotel: By 2:45 p.m.

Cost: \$35 per person, includes lunch (50 person maximum)
Description: Join us on a trip to visit two of our favorite St.
Louis Pi Phi sites — Pi Beta Phi Headquarters (HQ) and the
St. Louis Alumnae Club's Sign of the Arrow needlepoint and
gift shop. Pi Beta Phi HQ is home to Pi Beta Phi Fraternity,
Foundation and Fraternity Housing Corporation. Tour the
newly-expanded HQ offices as well as take a special look at
the recently-renovated archives. After lunch, we'll travel on
to the St. Louis Alumnae Club's Sign of the Arrow needlepoint
and gift shop. Founded more than 50 years ago, the shop
donates all profits to the community and, to date, more than
\$3.6 million has been awarded to St. Louis area charities
and Pi Beta Phi Foundation. Great needlepoint supplies and
unique gifts and souvenirs will be available for purchase.

POST-TOURS: TUESDAY, JUNE 27, 2017

Option #1: Holt House and Monmouth Tour Depart hotel: 8 a.m.

Arrive back to hotel: approximately 8 p.m.

Cost: \$99 (100 person maximum)

Description: What better way to celebrate the Fraternity's 150th than by visiting our founding home? Depart the Hyatt Regency St. Louis at the Arch on a motorcoach and travel back in time to Monmouth, Illinois. Enjoy lunch and the afternoon touring Holt House, the newly-built Illinois Alpha Chapter house, Monmouth College and the nearby cemetery where five of our founders are buried. Fraternity Archivist and Historian FRAN DESIMONE BECQUE, New York Alpha, will be in attendance to provide historical education and anecdotes about how Pi Beta Phi began. Depart Monmouth and return to St. Louis with a boxed dinner to enjoy on the return trip. Attendees will arrive back at the hotel around 8 p.m.

Option #2: Major St. Louis Attraction Visit Depart hotel: 9 a.m.

Arrive back to hotel: approximately 12:30 p.m.

Cost: \$25 per person (20 person minimum)

Description: Take a bus from the Hyatt Regency St. Louis at the Arch to Forest Park, where participants can choose to exit the bus at the St. Louis Zoo, the St. Louis History Museum or the St. Louis Art Museum. Participants will have two hours to see one of these three attractions. Those who go to the zoo will be given the option of being led through key exhibits by a docent. Admission to the zoo and museums is free.







CONVENTION 2017 PRICING

The following convention pricing is for regular registration, which ends March 31, 2017. Convention pricing will increase after that day.

Please note: The official convention host hotel is the Hyatt Regency St. Louis at the Arch. Space is also available at the Hilton St. Louis at the Ballpark. All meals and programming will take place at the Hyatt, with the exception of Saturday night's Dinner by Chapter/150th Celebration, which will be held at the Scottrade Center. The Hilton is a three-block walk from the Hyatt. All Fraternity officers, chapter delegates and alumnae club delegates are expected to stay at the Hyatt Regency St. Louis at the Arch.

FULL TIME RATES

Package pricing includes full-time convention attendee fee of \$199, four room nights at the convention host hotel, four dinners (beginning Friday), three lunches (beginning Saturday) and a ticket to Pi Beta Phi's 150th celebration!

	DOUBLE OCCUPANCY	SINGLE OCCUPANCY
CONVENTION HOST HOTEL: HYATT REGENCY ST. LOUIS AT THE ARCH	\$1,364	\$1,904
HILTON ST. LOUIS AT THE BALLPARK	\$1,274	\$1,724

ONE-NIGHT ACCOMMODATIONS

Can't make the entire event? You can still celebrate with us! The following single night rates are offered. *Meals and convention registration fee are not included with your single night accommodations, but can be added during the registration process.

	DOUBLE OCCUPANCY	SINGLE OCCUPANCY
CONVENTION HOST HOTEL: HYATT REGENCY ST. LOUIS AT THE ARCH	\$135	\$270
HILTON ST. LOUIS AT THE BALLPARK	\$112.50	\$225

DAILY REGISTRATION RATES

Attendees who do not need overnight hotel accommodations or are booking single night accommodations may register to attend general sessions, special events and/ or individual meals online. Make your meal reservations early, as space is limited. *Meals are not included in the daily registration rates, but can be added during the registration process.

FULL TIME: \$199

(includes tote bag, name printed in program and access to all programming)

MEALS

Meals will range from \$50-\$125 depending on the meal. For detailed meal pricing, visit the Registration page at www.pibetaphi.org/convention.

DAILY: \$55

(includes tote bag, name printed in program and access to a single day of programming)



EDUCATIONAL OPPORTUNITIES

In honor of Pi Beta Phi's 150th celebration, this year's convention programming will be centered around our tagline, "Friends and Leaders for Life." On Saturday the focus will be on friendship and our founding. Sunday will focus on leadership and philanthropy. Monday will instill pride and loyalty to the Fraternity for life. Fraternity heritage will be a common thread throughout the event. The following programs will be offered at convention:

ALUMNAE LEADERSHIP SUMMIT

The alumnae leadership program is designed specifically for alumnae club officers and leaders. The program will focus on helping alumnae strengthen and grow their alumnae clubs.

FHC HOUSING SYMPOSIUM

The FHC Housing Symposium receives accolades from attendees for the program's ability to help equip Chapter House Corporation members to successfully serve in their roles.

LESSONS IN LEADERSHIP: **LEADERSHIP FOR 150 YEARS MORE**

Facilitated by Erin Fischer, lead facilitator of Pi Beta Phi Leadership Institute, this interactive keynote program will focus on the development of confident and resilient woman leaders.

You Had Me at 'Halo'

By California Delta CONSTANCE DILLON GIBBS

n the final night of recruitment, the Kansas Beta Chapter sings the song "Angels Among Us." Popularized by the band Alabama in the early 1990s, the song takes on new meaning when these lyrics are sung by a chorus of more than 150 Pi Phi women.

"Oh I believe there are angels among us / sent down to us from somewhere up above / They come to you and me in our darkest hours / to show us how to live, to teach us how to give / To guide us with the light of love."

Kansas Beta **JORDAN REINHARDT** looks forward to this tradition every year. "At the conclusion of the last preference party of the night, as the last group of Potential New Members (PNMs) leave the house, we continue singing the song. As our voices grow louder and louder, even the women outside can hear the words through the front door. There is a clear feeling of excitement and pride in the room knowing we are surrounded by an incredible group of sisters and that we are about to add more incredible women to our chapter."

Pi Phi sisters of all ages and from all chapters have similar recruitment memories. Many sisters remember recruitment as their favorite chapter experience from their college years. It's during those special few days that we meet our new sisters, our future best friends and the women who will keep our Pi Phi legacy alive.

Recruitment is also an exciting time for Pi Beta Phi as a whole. Pi Beta Phi volunteers and staff watch our chapters and our Fraternity grow. Every year, we welcome more than 7,500 new women into our sisterhood. These women are members not only for four years, but for life. They will go on to serve as Pi Phi volunteers, make a difference in their communities and mentor the next generation of collegians. Much of Pi Beta Phi's future depends upon its success in recruitment today.

Recruitment looks different today than the "rush" of years past. More women are going to college and desire to be part of a Greek organization than ever before. These women are looking for sisterhood and are seeking a place that supports academic achievement, service and leadership. They are also interested in the values for which an organization stands.



Pi Beta Phi chapters use an approach called values-based recruitment to meet and select PNMs whose personal values and behaviors align with those of our Fraternity. When a chapter uses our core values as the foundation on which they recruit members, a focus is placed on conversation and creating a sincere connection with each woman who walks through the door.

"Our values are the most important thing to us as Pi Phis because they connect us to generations of chapter sisters, the Fraternity at large and, most importantly, to our 12 founders," Arkansas Alpha BLAKELY ROBERTS said. "Practicing values-based recruitment means we are recruiting women to carry on our tradition of sisterhood. And it means we have the opportunity to share how our core values have shaped our collegiate experience and recruit women who will uphold these values for years to come."

During recruitment preparation, also known as Spirit Week, Pi Phi chapters focus on how to have meaningful conversations with PNMs in addition to the logistical aspects of recruitment, like how many tables are located in a room. A variety of workshops and guides are available on the Resource Library to help members know what information they should be providing to PNMs and the types of questions they should be asking.

At Tennessee Gamma, members pair off and practice mock conversations during Spirit Week. The women pretend they have never met and intentionally have conversations that do more than skim the surface.

Conversation tips and tricks, like avoiding responding with "I" statements, are displayed on posters around the chapter house and shared via email. During downtime, members can consult the posters or look online if they need help.

The key to meaningful conversations is listening to how a PNM responds to a question, explains Tennessee Gamma **SARAH POWLEY.** "An individual's reaction to something she truly loves tells you a lot about that person," Sarah said. "She is passionate when she speaks, she is confident and she is excited to share what she loves with someone else. Our chapter's focus is understanding who a PNM is as a person and then relating those qualities back to our chapter."

Sarah said as a result, Tennessee Gamma has grown into a chapter that truly cares about Pi Phi as an organization. "We're recruiting members who already have our core values instilled in them and are already committed to service and leadership," she said. "When they arrive on Bid Day, they are ready to give all they can give to make our chapter the best it can be. They don't arrive to become sorority women, but to become Pi Beta Phis."

The South Dakota Alpha Chapter encourages deeper conversations by placing jars with popsicle sticks in the middle of each table during recruitment parties. Each stick has an open-ended question written on it such as: "Tell me about your family" or "What community service were you involved with in high school?" These open-ended questions begin with who, what, when, where, why and how and don't elicit just a yes or no answer.

Either chapter members or PNMs can pull out sticks during conversations. Asking open-ended questions

Opposite page: Many sisters remember recruitment as their favorite chapter experience from their college years. It's during those special few days that we meet our future best friends and the women

who will keep our Pi Phi legacy alive.

This page: Through values-based recruitment, our chapters recruit women who already have our Pi Phi core values instilled in them. On Bid Day, they arrive ready to make Pi Beta Phi the best it can be.

allows members to take the conversation where they want it to go and helps members learn what PNMs care most about. "Focusing on genuine conversations helps us really get to know a PNM," South Dakota Alpha AUDREY TRUHE said. "Later, we remember what we talked about with a PNM that made her unique, instead of remembering something like her haircut or what she wore."

Another Spirit Week activity helping the chapter focus on values was the creation of chapter-wide recruitment goals. South Dakota Alpha's Executive Council met over the summer to brainstorm goals and reviewed those draft goals with the entire chapter on the first day of Spirit Week. Members could add to the goals or make edits at that time. Each subsequent morning began with a quick meeting to read the goals aloud and reiterate the importance of our values.

Whether a woman joins the bonds of wine and silver blue during primary recruitment or Continuous Open Bidding (COB), during the fall or spring semester, as a freshman or as a junior transfer, recruitment is one experience every Pi Phi shares. A Pi Phi of any age can tell you the exact moment she first met a sister she now considers a lifelong friend. We hope for generations to come, this sincere connection will continue to take place and our members will have the opportunity to build meaningful relationships with their sisters reflecting the values of our dear Pi Beta Phi.

"My favorite part of recruitment is seeing our chapter come together for a common cause," Blakely said. "It allows each woman to use her talents and skills to make our chapter better. Each woman is making a difference, each woman is an integral part of the process and each woman is making Pi Beta Phi stronger as a whole." ←



What It's Like to Grow Up as a Struggling Reader

By Virginia Theta BREE MELTON

onnecticut Alpha ABBIE BECKOFF was always good at math. She was often the first student to complete math assignments because the numbers came naturally to her. But her reading skills weren't progressing at the same rate as her peers. Yet year after year, Abbie continued to be promoted to the next grade level.

Abbie said her mother noticed there was a problem as early as first grade. Abbie was trying to read a book called "Kate Skates," which was aimed at preschool through firstgrade students. As a first grader, Abbie shouldn't have had trouble reading the book. It was full of sight words, those high-frequency words that are easily recognizable without having to use traditional decoding skills. For example, the words "Kate" and "skate" appeared frequently on each page. But every time the words came up, Abbie would try to sound them out anew.

In third grade, Abbie's class made a paper chain with each link representing a book a student had read. At the end of the school year, the chain had hundreds of links in it, but Abbie had only contributed two links. "I don't remember being upset or embarrassed," Abbie said. "In my mind, I was good at math and my friends were good at reading."

It wasn't until sixth grade that Abbie finally received the help she needed. She was still a struggling reader and was significantly behind her peers in language arts. Now, she was having difficulty in math because the problems began to include words, stories and multiple steps. She was placed into a resource room, a remedial classroom where she received specialized, direct instruction to help her become a better reader. The resource teacher helped Abbie organize her schoolwork and complete reading exercises. Later, she would learn her reading resource teacher, APRIL SMITHIES-DALLAS HARVEY, was also a Connecticut Alpha.

One of the exercises they did together is called the Irlen Method, which places different colors of transparent sheets on top of text to help students read faster and improve comprehension. Abbie remembers the two colors that worked best for her: yellow and rose pink.

Over time, Abbie slowly pared down the number of days she visited the resource room. Finally, in eighth grade, she tested out of the required extra help. For the next few years, she received an individualized education plan, which meant receiving extra reading assignments over the summer and extended time on tests and assignments during the school day.

Abbie began to find more interest in reading when she realized it wasn't such a difficult task. The first book she read for her own pleasure was "Twilight." Then she

Right: Growing up, Connecticut Alpha ABBIE BECKOFF wasn't embarrassed or upset when she had trouble reading. In her mind, she was good at math and her friends were good at reading. It wasn't until sixth grade that Abbie received the help she needed. She was placed into a resource room to provide her with specialized, direct instruction to help her become a better reader.



READ > LEAD > ACHIEVE

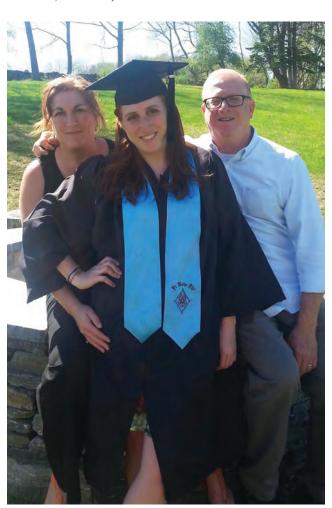
read "The Hunger Games" series. "I was so proud of how quickly I finished each 'Hunger Games' book," Abbie said. "Some people can read one of the books in an afternoon, but I was so happy to read one of the books in about a

week. I had never finished a book so quickly, and I had never enjoyed reading a book so much."

When she started college, Abbie decided to pursue a human development and family studies major. However, once she joined Pi Phi and began volunteering with the Champions are Readers program, she fell in love with teaching. "I felt like I was getting my third-grade students excited about reading and truly making a difference," Abbie said. She

stuck with her major because she realized it would help her become a better educator. "Mv studies didn't focus on simply the students," Abbie said. "They focused on students and families, and their relationships with organizations like schools."

"I was lucky to have a family who supported me and read with me. I had the resources and exposure to try and to learn. It makes me sad some children don't have that support, not just at home but in school, too. I hope to share my love of reading and the pleasure of owning books that so many do not have." - ABBIE BECKOFF



Above: After volunteering for Pi Beta Phi's Champions are Readers program, Connecticut Alpha ABBIE BECKOFF realized she wanted to help struggling readers like herself. Today, Abbie is pursuing her master's degree in special education.

After graduating from college, Abbie had the opportunity to work with students with learning disabilities during her teacher's training. Some of the students reminded her of herself, and she realized she wanted to do something a bit different than traditional teaching. Today, Abbie is pursuing a master's degree in special education. "I want to help children succeed the way Mrs. Harvey helped me succeed," she said.

Abbie has continued to be involved with Pi Phi while attending graduate school. She serves on the Chapter House Corporation for the Connecticut Alpha Chapter and this year, she serves as a Co-chair for one of the Fraternity Day of Service Signature Events. At the Signature Event in Hartford, Connecticut, this February, Abbie is looking forward to seeing the excitement on the children's faces when they receive books they can take home and keep forever. She is also excited to provide books to schools and nonprofits that serve underprivileged children.

"I was lucky to have a family who supported me and read with me, especially when I was a struggling reader," Abbie said. "I had the resources and exposure to try and to learn. It makes me sad some children don't have that support, not just at home but in school, too. I hope to share my love of reading and the pleasure of owning books that so many do not have."

For more information about the 2017 Fraternity Day of Service Signature Events or to sign up to volunteer, please email literacy@pibetaphi.org or visit www.pibetaphi.org/fraternitydayofservice.



I FFT BRAIN OR **RIGHT BRAIN** HEELS OR FLATS **iPHONE** OR ANDROID A.M. TEA OR A.M. SODA

HOURS A WEEK: 40+ 50+ 60+

Rachel Harper Fox

GEORGIA ALPHA

IN A NUTSHELL ... TELL US ABOUT YOU

I love making people laugh. I love my family. I think a cold drink on a hot day is the best. I love my country. I think travel is everything. I believe the greatest types of people are those who are kind and show empathy for others. And I tell stories about the magic of TV and radio as the Director of Communications for Disney Channel and Radio Disney.

PI PHI TAUGHT ME ...

If you want something done the right way, assign the task to a busy girl.

BEST ADVICE YOU'VE EVER RECEIVED

The Golden Rule: Do unto others as you would have them do unto you.

FAVORITE WORKPLACE EXPRESSION

Let's jump into the creative think tank together!

GIVE US A PEEK INSIDE YOUR TYPICAL DAY

I get up early, take my two daughters, Harper and Cole, to school and then it's off to the office. After work, it's time for dinner, family fun and then bedtime. Repeat.

ADVICE FOR UP-AND-COMING PROFESSIONAL WOMEN

Be authentic, which means you need to be genuine, real and true.

BEST DAY EVER

Drinking a great glass of wine, eating a delicious pizza and listening to good music, with the people I love the most around the table with me.

FAVORITE PI PHI MEMORY

Recruitment. It was a terrific time to take a moment, reflect on our core values and remember what being a Pi Phi meant. It also was the perfect opportunity to enjoy some bonding time with sisters.

HOW DO YOU KNOW WHEN YOU'RE SUCCESSFUL?

You don't seek praise from others.

FAVORITE QUOTE

Actually, you can have your cake and eat it too! ←

Surviving the Closing of Our Alpha Chapter

By: Fraternity Archivist and Historian FRAN DESIMONE BECQUE, New York Alpha

hen our founders crowded into a small bedroom that fateful day in 1867, they promised "to always conceal and never reveal" the beginnings of our Fraternity. How lucky for us the early members didn't keep the secret. It quickly became their goal to share the sisterhood offered by I.C. Sorosis beyond the Monmouth College campus. In hindsight, this growth was crucial when our founding chapter was forced to close in 1878.

During Pi Beta Phi's early years, any member was vested with the power to establish a chapter, provided she had the consent of the Alpha Chapter at Monmouth College. In fact, expansion was mentioned in the first Constitution. It was also discussed at the first convention in the summer of 1867, held at Founder **FANNIE THOMSON'S** home.

The next year, in September 1868, Founder LIBBIE BROOK enrolled at Iowa Wesleyan University in Mount Pleasant, Iowa. A few months later, on December 21, 1868, our second chapter, Iowa Alpha, was established. Two additional chapters at the Mount Pleasant Female Seminary and Indiana Asbury College quickly followed.

Although other chapters were being chartered, the chapter at Monmouth College was facing challenges. In June 1874, Monmouth College's Senate passed a resolution making it unlawful for any student to "become a member of any secret college fraternity or to connect with any chapter of any such fraternity and also for an active member of such fraternity to be admitted as a student in the college." This happened because the United Presbyterians, who funded Monmouth College, did not want fraternities on campus.

At first, the resolution had little impact. As pressure from the United Presbyterians escalated and their financial support dwindled, the situation became dire for the organizations. In 1876, according to Illinois Alpha RILLA CARR, the faculty "called on some 10 or 12 young freshmen I.C.s. While the authorities were fairly certain as to the identity of the rest of the I.C.s, they directed their attack just upon these freshmen. The women felt it was not quite right all the wrath should descend upon them, so at a special meeting of I.C. they took the matter up with their older sisters. It was decided all of the women in I.C. should show their badges at chapel. The men of Beta Theta Pi agreed to show their badges with them. There was such an uproar at this bold flaunting of pins that classes



Above: Illinois Alpha RILLA CARR (first from bottom left) and several of her Pi Phi sisters left Monmouth College as a result of the anti-fraternity resolution passed by the College in 1876. The Alpha Chapter was forced to close two years later in 1878. The chapter was reinstalled in 1928 and remains active today.

were discontinued for five days. Those who had defied the college ruling against secret societies were told to leave their society or to leave the institution."

As a result, Rilla, along with Illinois Alphas LESSIE BUCK, JESSIE BUCKNER and FANNIE WRIGHT enrolled in the Seminary for Women at Greenville, Illinois, about 200 miles away. By early 1878, the Kappa Kappa Gamma chapter at Monmouth College had disbanded, even though it too was that organization's founding chapter. Shortly thereafter, the Pi Beta Phi chapter closed as well. It was followed closely by the men's fraternities.

However, our Alpha Chapter continued to exist sub rosa, or underground, despite its closing. Students at Monmouth College were initiated into the chapter as late as 1883. At the same time, several strong chapters were formed that are still in existence today, including: Iowa Beta, Iowa Gamma, Iowa Zeta and Illinois Delta, to name a few. It wasn't until the 1884 Convention that our Alpha Chapter officially gave up its charter. In its place, Grand Council was created to oversee the Fraternity.

The resiliency shown by the members of our Alpha Chapter, combined with the expansion efforts by the other early chapters, enabled our Fraternity to flourish despite the demise of the Alpha Chapter. Later, in 1928, the Illinois Alpha Chapter was reinstalled and it remains active today.

In Memoriam

Because of space constraints, *The Arrow* will only print the entirety of an obituary for a past Grand President. If you know a sister who has died, please inform Pi Beta Phi Headquarters. Names will only be listed in *The Arrow* if accompanied by a published notice, including those names entered electronically via eReports, Pi Phi's online reporting system. Published notices include a newspaper or newspaper website obituary, a funeral program/prayer card or a listing in a college/university alumni newsletter. Email Alison Bauer at alison@pibetaphi.org or mail to Headquarters.

In Memoriam lists the name and initiation year of each member who has died.

Memorial gifts made to Pi Beta Phi Foundation are a loving and lasting way to honor the memory of a beloved Pi Phi sister. When the gift is made, the Foundation sends a card to the family, notifying them of the thoughtful gift. To make a memorial gift, please call the Foundation at (636) 256-1357 or visit www.pibetaphifoundation.org.

ALABAMA ALPHA

Elenita Biard Adams, 1936 Martha Hagler Scranton, 1949, affiliated Alabama Beta

ALBERTA ALPHA

Allison Elizabeth Gayle Frith, 2001

ARKANSAS ALPHA

Pat Williams Farley, 1948

CALIFORNIA DELTA

Arlene Mazzulla Christen, 1950 Mary Hunter MacLennan, 1947

CALIFORNIA ETA

Karla Marie Heard-Price, 1982

COLORADO ALPHA

Linda Zimmerman Roberts, 1960

COLORADO BETA

Emmy Peters Andrews, 1948 Pamela Perdue Jordan, 1961

CONNECTICUT ALPHA

Jane Rees Norgren, 1954 Marie Degillio Schaeffer, 1964

D.C. ALPHA

Avonne Allen Hartshorn, 1943 Margaret Glessner Northam, 1940

FLORIDA BETA

Louise Perkins Brown, 1941

FLORIDA DELTA

Kay Smith Lemery, 1990

GEORGIA ALPHA

Betty Kelly Carson, 1942

IDAHO ALPHA

Amy MacGregor Beil, 1942 Sue George Hollenbaugh, 1959 Joan Redford Lowe, 1952

ILLINOIS ALPHA

Ellie Turnbull Sassano, 1941

ILLINOIS BETA-DELTA

Joan Felter Hotchkiss, 1947

ILLINOIS EPSILON

Suzanne E. Allen, 1960

ILLINOIS ETA

Lana Chaney Bartley, 1963

ILLINOIS THETA

Ellen Cox Bolger, 1955

INDIANA BETA

Nancy Varnes Kenney, 1960 Willoughby Allen Thorn, 1939

INDIANA DELTA

Sarah Hodgdon Henson, 1943

INDIANA EPSILON

Dode Lethen Ackermann, 1950 Carol Nicholson Phillips, 1949

INDIANA GAMMA

Carolyn Darwin Voke, 1945

IOWA ALPHA

Janet Smith Meyer, 1961 Jacqueline Harper Winton, 1953

IOWA BETA

Lisbeth Blattenberg Hosfield, 1965

IOWA GAMMA

Gene Carr Fenley, 1946

IOWA ZETA

Mary Mercer Dawson, 1940

KANSAS ALPHA

Jean McFarland Allen, 1939 Nancy Wilkinson Hawley, 1948 Jane Priest Henry, 1943 Sally Shepard Raglin Marshall, 1947 Judy Gray McEachen, 1959 Peg Foster Ruth, 1947

KANSAS BETA

Janis Finney Mattinson, 1953

LOUISIANA ALPHA

Dorothy Rand Beatrous, 1945 Mary Leverich Collenberg, 1939 Katie Keogh, 2016

LOUISIANA BETA

Pertrice Worley Demberg, 1967

MICHIGAN ALPHA

Shanna Vannoy Fleming, 1959

MICHIGAN BETA

Virginia Bishop Brown, 1943 Karen Warmbold Eakes, 1961 Gwendolyn Switzer Groves, 1944

MISSOURI ALPHA

Patricia Wise Austin, 1946 Jean Crome Blundell, 1931 Janice Lyon Yates, 1944

MISSOURI BETA

Susan Sommerich Barr, 1953 Betty Green Sims, 1991 Eileen Selle Stahlhut, 1946

MISSOURI GAMMA

Carolyn Compton Fay, 1948 Nancy Ballard Johnson, 1947 Patricia Foster Thompson, 1945 Nancy Sue Voss, 1974 Margery Long Wilson, 1948

NEBRASKA BETA

Harriet Huston Berg, 1948 Gloria Larsen Wagner, 1948

NEBRASKA GAMMA

Susan Enyart Conine, 1994

NEVADA ALPHA

Geneve Conaway DeLauer, 1947

NEW YORK ALPHA

Helen Williams Bingo, 1942 Flower Sheldon Buhrmaster, 1934

NORTH CAROLINA ALPHA

Jane Hartt Barben, 1941 Henrietta Hopkins Jernigan, 1947

NORTH CAROLINA BETA

Helen Brooks Brashear, 1942 Joan Hutchens Wanamaker, 1951

OHIO DELTA

Marion Garrison LoPrete, 1945 Dana Dow Schuler, 1972

OHIO ETA

Patsy Nittskoff Naylor, 1956, affiliated Ohio Delta

OKLAHOMA ALPHA

Jane Kimbell Merck, 1952

OKLAHOMA BETA

Frances Davis Coffey, 1953 Jane Purlee Shirley, 1959 Janice Griffin Wittenberg, 1960

ONTARIO ALPHA

Ruth Selby Storie, 1952

OREGON ALPHA

Janet Hicks Griswold, 1945 Carol Vowels Henry, 1948 Bernie Layton Olive, 1946 Diane Goddard Pyle, 1951

OREGON BETA

Doris Siefarth Amort, 1945

OREGON GAMMA

Suzanne Smullin Topliff, 1959

PENNSYLVANIA BETA

Lisa Morrison Bogan, 1975

TENNESSEE ALPHA

Virginia Varnell De Brocke, 1942

TENNESSEE GAMMA

Betty Black Byrd, 1950

TEXAS ALPHA

Harriett Godley Bloxsom, 1953 Laurie Vial Davis, 1984 Gloria O'Hearn Dougherty, 1945 Ann Cramer Gunn, 1956 Margaret Humlong Steele Morris, 1940 Marjorie Purnell, 1956 Martha Painter Sheeder, 1978 Trudie Jackson Smither, 1958 Ellen Munson Snow, 1958

TEXAS BETA

Elaine Toler Mitchell, 1940 Mary Rejebian Northern, 1954 Betsy Bush Sandison, 1966

TEXAS DELTA

Brenda K. Schmitz, 1961

TEXAS ZETA

Bebe Martin Combs, 1981

UTAH ALPHA

Gloria Thomas Peterson, 1940 Gwen Poulsen Stubbs, 1952

VERMONT ALPHA

Dorothy Laux O'Brien, 1942, affiliated Louisiana Beta

VIRGINIA DELTA

Brooke Elizabeth Briggs, 1997 Irene Hudak Childers, 1966

VIRGINIA GAMMA

Nancy Keane McCarthy, 1944 Jeannine Alexandra O'Grody, 1984

WASHINGTON ALPHA

Marlis McCully West, 1961

WASHINGTON BETA

Geraldine Fegley Dunn, 1943 Janet Roberts Mooers, 1943

WEST VIRGINIA ALPHA

Suzanne Walker Rogers Weber, 1959

WYOMING ALPHA

Mary Lou Agnew Canaday, 1937





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ARROW AND HEART LIST PAD

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NEON PEN \$2



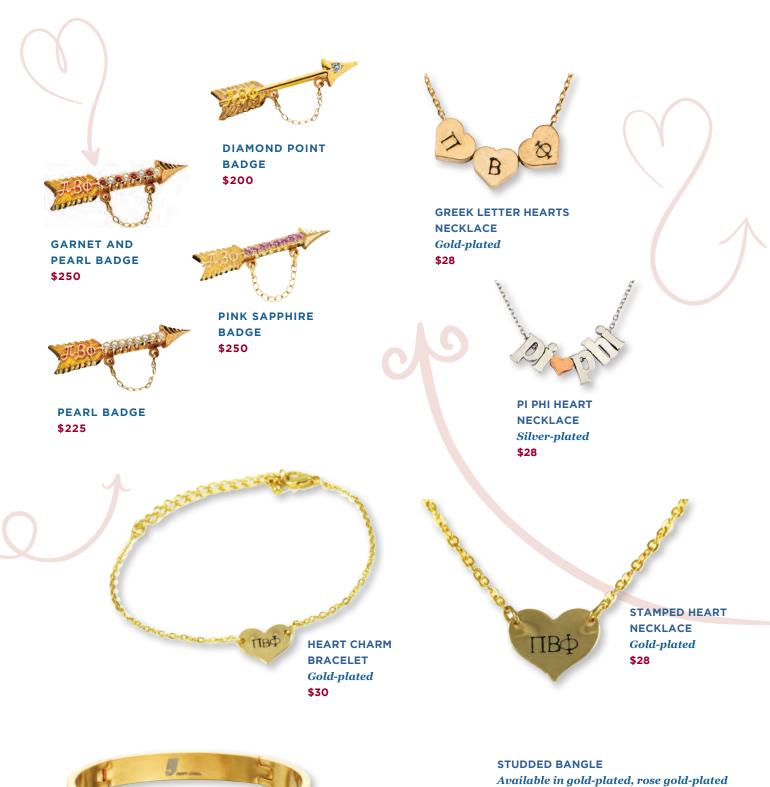


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HONORING OUR 150-YEAR LEGACY

For 150 years, Pi Phi has been committed to service. Our legacy of Philanthropic Service to Others has shaped our sisterhood and impacted millions of lives. On April 28, Pi Beta Phi Foundation is honoring our legacy by inviting you to be part of Pi Phi Giving Day.

Pi Phi Giving Day is a **24-hour fundraising event**, bringing together our sisterhood to celebrate our history and support our future.

Help us reach our goal of **1,500** donors to honor our 150th anniversary by visiting **piphigivingday.org** this Founders' Day. We can't wait to celebrate with you!